



2017

June

Arcola Intermediate School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DAILY SIDES Offered Daily: Plain 1% White Skim White Skim Chocolate Skim Strawberry 100% Fruit Juice: Apple Orange Fruit Fresh Fruit Apples Oranges All grains served are whole grain rich!
PIZZA SPECIAL					
Bacon Pizza	Sausage Pizza	BBQ Chicken Pizza	Vegetable Pizza	Meat Lover's Pizza	
ENTRÉE SALAD SPECIAL: Includes Dinner Roll					
Egg Chef Salad	Chicken Salad Platter	Cobb Salad	Popcorn Chicken Salad	Chicken Nacho Salad	
Fresh Carrots Side Salad Baked Fries Fresh Whole Fruit 100% Fruit Juice	Red Pepper Strips Side Salad Baked Fries Fresh Whole Fruit 100% Fruit Juice	Fresh Broccoli Side Salad Baked Fries Fresh Whole Fruit 100% Fruit Juice	Cucumber Slices Side Salad Baked Fries Fresh Whole Fruit 100% Fruit Juice	Fresh Celery Side Salad Baked Fries Fresh Whole Fruit 100% Fruit Juice	

DAILY ENTRÉE OPTIONS

Deli Station
 Build your own sandwich, sub or wrap. Choose from a variety of meats, cheese, and toppings.

Fresh Baked Pizza
 Cheese
 Pepperoni
 Premium Stuffed Crust

Grab & Go Grill with Toppings Bar
 Hamburger
 Cheeseburger
 Popcorn Chicken with Roll
 Chicken Patty Sandwich
 Premium Spicy Chicken Sand-

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 for Summer Fun!

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 for kids 18 and younger
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Go to www.fns.usda.gov/summerfoodrocks

MEAL PRICES
 Lunch: \$2.95
 Premium Lunch: \$3.95
 Reduced Lunch: \$0.40

To make a meal, students must select foods from at least 3 different food groups. At least one item must be a ½ cup fruit, ½ cup vegetable or a 4oz fruit juice. Meals without a fruit or vegetable will be charged a la carte pricing.

For information on nutrition, applying for free or reduced meals, adding money to student accounts, next month's menus and more visit us online at:
www.methacton.org/aramark
 or scan to the code to the right.



Breakfast is available in the café daily for all students. Make sure to check out the breakfast menu.



Menus are subject to change without notice.
 This institution is an equal opportunity provider. For further information on our Nondiscrimination Statement, please visit: <http://www.methacton.org/Page/16336>

Now hiring for the 2017-2018 school year. For information on how to apply, please contact the food service office at 610-489-5000 ext. 30216 or email lsankovsky@methacton.org.