

# *Official Start of Winter Sports: Plan*

- The winter sports (Basketball, Cheerleading, Indoor Track, Swimming, & Wrestling) plan is scheduled to transition from the approved off-season plan from October 28, 2020 to the official start of winter sports on December 8, 2020 (activities were halted from 11/23-12/7).
- Major changes of note from the approved off-season plan to the official start of the season on December 8:
  - Per guidance from the Governor, everyone, including student-athletes must wear a mask at all times (exception is while swimming in the pool)
  - We would now transition to full contact within each sport where contact is necessary (basketball, cheerleading and wrestling)
  - Each coach and student-athlete will continue to be screened and will have mandatory temperature checks prior to participating each day
  - We will continue to adjust to all county and state guidance as the season progresses

# *Official Start of Winter Sports: Considerations*

- Social distancing must still be practiced when possible (bench areas, to and from practices, meetings, etc.)
- Approved conference game day protocol will be shared by coaches with athletes and parents within their program.
- All 12 PAC members plan to participate in winter sports at this time (Several are delayed to 12/14, Norristown delayed w/ return TBD).
- Similar to the fall sports season, in order for students/staff to return from quarantine, they must have medical clearance from their physician or appropriate healthcare professional. In addition, they must be cleared for return by our Methacton School District AT's.
  - We will enforce all travel restrictions for coaches and student-athletes (testing and/or a quarantine period)