

At-home Activities to Prepare Children for Kindergarten

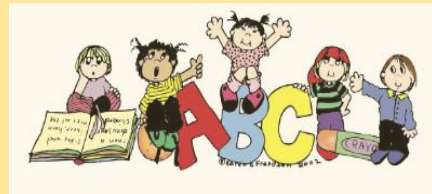
Develop a Love of Literacy

- Read aloud to your child
- Talk to your child about the story
- Engage in shared reading and writing activities
- Model reading and writing in your home
- Read and write for pleasure in front of your child
- Help your child notice that words are everywhere
- Have reading and writing materials available in your home for your child to access easily
- Play oral rhyming games



Social & Emotional Skills

- Manage bathroom independently
- Dress self (zipping coats, putting on mittens, tying shoes, etc.)
- Wipe own nose
- Follow basic directions
- Complete tasks
- Put away materials and toys



Have Fun with Math Concepts

- Have your child count items to support one-to-one correlation
- Talk about number relationships (What number comes after three?)
- Copy and create patterns
- Use math terms (add, subtract)
- Talk about more and less
- Identify shapes around your house (plate is a circle, placemat is a rectangle, napkin is a square)
- Measure items in your house with your hands, feet, or crayons

Gross Motor Skills

- Jump from one marked spot to another along a path
- Balance on one foot for a count of 10
- Practice skipping
- Practice hopping on one foot
- Move in rhythm to music
- Climb on playground jungle gyms
- Swing
- Bounce a ball

Fine Motor Skills

- Color, trace, copy
- Write own first name
- Cut on straight, curved, or zigzag lines
- Assemble puzzles
- String beads, Cheerios, or pasta on a shoestring
- Move a spoonful of objects from one bowl to another
- Stack small blocks