

VIRTUAL COMMUNITY EDUCATION CLASSES – FALL 2020

Virtual programs will be conducted LIVE. You will receive an email with a link for classes and detailed information approximately 1 week before class begins.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AeroFlex-Sept.	Tai Chi / Qigong	<u>Beaker Brains – 6-7pm</u>	Cardio-Fusion	
<u>AeroFlex – Nov.</u>	Butts & Guts	<u>Atomic Art – 6-7pm</u>	<u>Beaker Brains – 7-8pm</u>	
	<u>Beaker Brains - 4-5pm</u>	<u>Freaky Physics – 6-7pm</u>	<u>Atomic Art – 7-8pm</u>	
	<u>Atomic Art – 4-5pm</u>		<u>Freaky Physics – 7-8pm</u>	
	<u>Freaky Physics – 4-5pm</u>			
	Retirement Planning			

PROGRAMS FOR KIDS

Atomic Art with Science Explorers

5 week virtual program. Ages 7 to 11

Fee: \$120

- [Atomic Art Tuesdays – 4pm to 5pm – 10/20, 10/27, 11/3, 11/10, 11/17](#)
- [Atomic Art Wednesdays – 6pm to 7pm – 10/21, 10/28, 11/4, 11/11, 11/18](#)
- [Atomic Art Thursdays – 7pm to 8pm – 10/22, 10/29, 11/5, 11/12, 11/19](#)

Science Explorers will ship class supplies to your home.

REGISTRATION DEADLINE: 10/6/20.

Art and science go hand-in-hand, so put on your smock as we use brushes, bubbles and even nature itself to create scientific works of art. From making spin art machines to solar prints, you'll combine creativity and science to fashion many unique masterpieces that go beyond 'refrigerator door' art! This club will run for 5 sessions and the materials for all of the experiments will be shipped directly to you! *In order for you to receive supplies in time, the registration deadline is set for two weeks before the class start date.* Please see deadline dates below. Classes will be offered through Zoom. Detailed information will be shared with you by email.

DEADLINE TO REGISTER: 10/6/20

Freaky Physics with Science Explorers

5 week virtual program. Ages 7 to 11.

Fee: \$120.

- [Freaky Physics Tuesdays – 4pm to 5pm – 12/1, 12/8, 12/15, 1/5, 1/12](#)
- [Freaky Physics Wednesdays – 6pm to 7pm - 12/2, 12/9, 12/16, 1/6, 1/13](#)
- [Freaky Physics Thursdays – 7pm to 8pm – 12/3, 12/10, 12/17, 1/7, 1/14](#)

Science Explorers will ship class supplies to your home.

REGISTRATION DEADLINE: 11/17/20

What do you get when you take matter and mix in some energy? Freaky Physics! We'll mix up a gas that is heavier than air, change states of matter to make slippery slime, and build a circuit to create an awesome motorized 'drawing bot'. Plus see how physics and building are related as you complete an engineering challenge. Test your science skills as we freak out with physics! This club will run for 5 sessions and the materials for all the experiments will be shipped directly to you! *In order for you to receive supplies in time, the registration deadline is set for two weeks before the class start date. Please see deadline dates below.* Classes will be offered through Zoom. Detailed information will be shared with you by email. DEADLINE TO REGISTER: 11/17/20

COMMUNITY ENRICHMENT

[Mallon Planetarium Evening Sky Excursions](#)

Visit the MSD Mallon Planetarium [YouTube](#) page for a collection of videos that have been created as a resource to help students and community members learn more about their night sky and upcoming astronomical events.

ADULT SPORTS AND FITNESS

[AeroFlex](#)

~~Virtual Class - September - 8 weeks, Mon., 9/14/20 to 11/2/20. Registration deadline: 9/7/20. Fee: \$65~~

[AeroFlex Virtual Class - November - 7 weeks. Mon., 11/9/20 to 12/23/20. Registration deadline: 11/2/20. Fee: \\$57](#)

Class times: 6:45-7:45PM

Instructor: Aerobic Rythmics

10 week virtual program. Ages 18+. This class is filled with fun and upbeat music! The hour passes quickly with an effective cardio dance workout and a segment of body sculpting mixed with small hand weights and Pound Fitness. Cool Down and Done! Everything you need and easy to learn. All ages and fitness abilities welcome. Burn, tone & have fun with us. *Deadline to register is one week before class starts. Please see deadline dates listed below.* Classes will be offered through Zoom. Detailed information will be shared with you by email.