

JOIN US! PARENT ENGAGEMENT SESSIONS ON SOCIAL-EMOTIONAL WELLNESS



THOM STECHER

Thom Stecher is a nationally recognized motivational speaker and educational consultant. He is passionate about the integration of Social Emotional Learning with academic content and helping school districts transform into whole child centered environments. Raised in a family of educators, Thom believes that education is a life-long process and that we all teach best what we most need to learn. Thom has spent 49 years educating and mentoring teachers, administrators, students, and board members. He is one of the original developers of the nationally recognized and acclaimed Student Assistance Program during his 10 years at the PA Department of Education. Thom believes Social Emotional Learning is not one more thing, it is the essential thing. Test scores must be subordinate to people. Caring for students and staff must be our highest priority. Connection, compassion, and courage are the future of education.

SOCIAL EMOTIONAL WELLNESS

March 23 | 7-8PM

The first session in the series will focus on the 5 competencies of Social Emotional Learning and how these competencies are essential in the classroom and in the home. We will establish Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision Making as the foundation for social, emotional, behavioral, and academic growth.

[CLICK HERE TO REGISTER!](#)

MAINTAINING HEALTHY RELATIONSHIPS

April 6 | 7-8PM

The core concepts of maintaining relationships will be explored. Expressing care, challenging growth, providing support, sharing power, and expanding possibilities. These research-based strategies have proven effective in helping children and families deal with mental health concerns including stress, anxiety, and depression.

[CLICK HERE TO REGISTER!](#)

BUILDING A COMMUNITY

April 27 | 7-8PM

The foundation for creating and building a Methacton School District community begins with respect for self and others, responsibility for what we think, feel, say and do, and developing healthy relationships. What do these 3 R's look like, sound like, and feel like every day? We will intentionally foster our sense of community, build connections, and let kindness and empathy be our guides.

[CLICK HERE TO REGISTER!](#)

After registering, you will receive a confirmation email and a screen with a personal link to join the meeting.

Each session will include purposeful prompts to facilitate sharing, reflection, and solutions-based practices and strategies around Social Emotional Wellness.

All sessions will be engaging and meaningful!