

## Community Education Program Guide

### Shining Knights Chess

Grades 1-6

Whether you are new to the game, learning to push pawns for the first time, or have played in numerous tournaments, and want to sharpen your skills, come to a Shining Knights Chess Class! We have trained numerous state champions and national trophy winners.

Whether you want to win games in your living room against your parents or win tournaments in other states, come join us and learn how to play chess or play better chess!

**(12 wks) Time: 3:40-4:40pm \$205**

**Arrowhead School Library**

Tues. 9/10/24 - 12/3/24 (no class 11/5)  
 registration deadline: 9/5/24

**Eagleville FLEX Room 114**

Wed. 9/11/24 - 12/4/24 (no class 11/27)  
 registration deadline: 9/6/24

**Worcester School Library**

Thurs. 9/12/24 - 12/12/24 (no class 10/3 & 11/28)  
 registration deadline: 9/9/24

**Skyview School Library | \*Time: 3:10-4:10pm\***

Thurs. 9/5/24 - 12/5/24 (no class 10/3 & 11/28)  
 registration deadline: 8/29/24

### Back to School Night Schedule

6:30-8:30pm

Building	Dates
MHS	Grades 9 & 10: Sept 5 Grades 11 & 12: Sept 9
Arcola	Aug 28
Skyview	Sept 18
Arrowhead	Sept 4
Eagleville	Sept 11
Woodland	Sept 12
Worcester	Sept 12



### Aquasize

Ages 25 & up

**Mondays | Time: 5-6pm | \$80**  
**9/16/24 - 11/11/24 (8 wks) - no class 11/4**

**MHS Pool - East Wing**  
**Instructor: Jean Rosenzweig**

This water aerobics class is designed to increase stamina, improve strength and increase tone all while having fun with your friends! Set to music, this lively and varied class allows you to burn calories without taxing your joints. It is designed for all age and fitness levels so jump in the pool and get energized!



### Gentle Yoga

Ages 18 & up

**Mondays | Time: 6:30-7:30pm | \$120**  
**9/16/24 - 12/2/24 (10 wks) - no class 10/14 & 11/4**

**Eagleville Elementary School Gym**  
**Instructor: Rebecca Loughin**

The focus of this class is on gentle stretching and stress release. The class will include simple breathing exercises and yoga postures. It is appropriate for all levels, including those who are new to yoga. Students will need a yoga mat. Yoga blocks are optional.

**SIGN UP: [www.methacton.org/comed](http://www.methacton.org/comed)**

# Science Explorers | Grades 1-4

## Slime After Slime

Prepare to get elbow deep in gooey fun as we make different slime creations during this 3-week intro into the world of polymer chemistry. You will make amazing color changing slime, textured slime with growing orbs, and neon slime that you can turn into art!

**(3 wks)**      **Time: 3:40-4:40pm**      **\$120**

**Worcester Art Room**  
Mon. 9/23/24 - 10/7/24  
*registration deadline: 9/18/24*

**Woodland Art Room**  
Tues. 9/24/24 - 10/08/24  
*registration deadline: 9/19/24*

**Arrowhead Art Room**  
Wed. 9/25/24 - 10/09/24  
*registration deadline: 9/20/24*

**Eagleville Art Room**  
Thurs. 9/26/24 - 10/17/24 (no class 10/3)  
*registration deadline: 9/23/24*



## Pop, Bang, Fizz

A pinch of this, a dash of that, some wild reactions are where it's at! Mix up a frozen ice cream treat and a fizzy bath popper to clean your feet. You won't believe what our mixing fun can teach some science before it's done. With a pop or a bang or even some fizz, you have just become a chemistry whiz!

**(4 wks)**      **Time: 3:40-4:40pm**      **\$150**

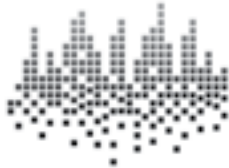
**Worcester Art Room**  
Mon. 11/25/24 - 12/16/24  
*registration deadline: 11/20/24*

**Woodland Art Room**  
Tues. 11/26/24 - 12/17/24  
*registration deadline: 11/21/24*

**Arrowhead Art Room**  
Wed. 11/20/24 - 12/18/24 (no class 11/27)  
*registration deadline: 11/15/24*

**Eagleville Art Room**  
Thurs. 11/21/24 - 12/19/24 (no class 11/28)  
*registration deadline: 11/18/24*

## Good Vibrations



Why does the shriek of a siren change as it passes by? Can a person's singing voice really crack a glass? We'll keep the good vibrations as we investigate the world of sounds and sound energy. Have a percussion party, make musical instruments and experiment with echolocation. Can you hear me now?

**(4 wks)**      **Time: 3:40-4:40pm**      **\$150**

**Worcester Art Room**  
Mon. 10/21/24 - 11/18/24 (no class 11/4)  
*registration deadline: 10/16/24*

**Woodland Art Room**  
Tues. 10/22/24 - 11/19/24 (no class 11/5)  
*registration deadline: 10/17/24*

**Arrowhead Art Room**  
Wed. 10/23/24 - 11/13/24  
*registration deadline: 10/18/24*

**Eagleville Art Room**  
Thurs. 10/24/24 - 11/14/24  
*registration deadline: 10/21/24*

## Open Gym Basketball

**Thursdays | Time: 7-9pm | Ages 18 & up**  
**9/19/24-12/19/24 (no class 10/3 & 11/28) | 15 wks**  
**Walk-ins only | \$10/pp**  
**Location: Arcola Boys Gym**  
**Instructor: Rick Holly**

Two hours to play basketball. We will warm up, shoot for teams, and scrimmage for the remainder of the time. Come with water and get ready for some exercise!

## 2nd Friday Swims

**Second Friday\* of every month**  
**Sept. 13, Oct. 11, Nov. 8, Dec. 13**  
**7:30-9:30pm | Methacton High School Pool**  
**Walk-ins ONLY: \$8/per person**

Join us on the second Friday\* of the month to splash the night away with family and friends! Flotation devices welcome - all you need is your goggles, towel, and swim suit! Celebrating a birthday? Bring the gang for some fun in the pool! We provide the lifeguards and the fun! (Changing tables are available in our locker rooms.)

*\*Dates may be revised depending on holidays, school events, and inclement weather.*



**ONLINE ONLY REGISTRATION** will open for Little Warrior and Advanced Toddler Swim Lessons on **SEPTEMBER 7, 2024 at NOON**. \*First come-first served\*

Swim placement tests will take place on student's **FIRST DAY** of class for Little Warriors Swim Lessons.

Bring your child along with the following items: an appropriate bathing suit, goggles (if needed), and towel. Locker rooms are available. Your child will be asked to enter the pool and demonstrate swimming skills.

**ALL REGISTRATIONS ARE ONLINE ONLY: [www.methacton.org/comed](http://www.methacton.org/comed)**

## Little Warrior Swim Lessons

Levels 1-4 | Ages 5-12

1 child: \$70 | 2nd child: \$65 | 3rd child: \$60

### Thursdays (6 wks)

9/19/24 - 11/7/24 (no class 10/3 & 10/31)

MHS POOL (East Wing Entrance)

Instructor: Lisa Sommer, Aquatics Director

registration deadline: 9/16/24

**Class times: 6-6:30pm  
6:35-7:05pm**

### Saturdays (6 wks)

9/21/24 - 11/2/24 (no class 10/5)

MHS POOL (East Wing Entrance)

Instructor: Lisa Sommer, Aquatics Director

registration deadline: 9/18/24

**Class times: 11:05-11:35am  
11:40-12:10pm  
12:15-12:45pm**



## Advanced Toddler Swim Lessons

Ages 3-5

These lessons are for children 3 to 5 years of age who are comfortable learning to swim without a parent in the pool.

\*Children who are not toilet trained must wear tight fitting plastic pants over their diapers or special disposable swim diapers.

1 child: \$70 | 2nd child: \$65 | 3rd child: \$60

### Saturdays (6 wks)

9/21/24 - 11/2/24 (no class 10/5)

MHS POOL (East Wing Entrance)

Instructor: Lisa Sommer, Aquatics Director

registration deadline: 9/18/24

**Class time: 10:30-11am**

## Adult Swim Lessons (18 & up)

Saturdays (6 wks)

9/21/24 - 11/2/24 (no class 10/5)

\$70 | MHS POOL (East Wing Entrance)

Instructor: Lisa Sommer, Aquatics Director

registration deadline: 9/18/24

**Class times: 9:20-9:50am**

**9:55-10:25am**

It's never too late to learn how to swim! Training in Red Cross Basic Swimming under Red Cross Water Safety Instructor's supervision. All students receive a progress report at the conclusion of each session.



## Masters/Triathlon/ Community Lap Swim (18 & up)

**Walk-ins ONLY: \$12/per person**

Saturdays (6 wks)

9/21/24 - 11/2/24 (no class 10/5)

MHS POOL (East Wing Entrance)

Instructor: MAC

**Class time: 8-9:15am**

Methacton Aquatics Club (MAC) is offering an all skill levels Masters/Triathlon/Community Lap Swim class. Come join us for this structured workout coached by Maribeth Baker, USAT and USMS Level 1 and 2 coach. There will be designated lanes for more serious swimmers, triathletes, and lap swimmers. The program is designed for fitness enthusiasts who want to incorporate lap swimming into their fitness program.

**POOL RULES & REGULATIONS:** Proper bathing suit is required. All swimmers encouraged to shower before entering the pool. Children who are not toilet trained must wear tight fitting plastic pants over their diapers or special disposable swim diapers when in the pool. Food and beverages are not permitted in pool area. Children under 12 are required to be supervised by a parent/adult at all times.

\*Dates may be revised depending on holidays, school events, inclement weather, etc.

\*\*\*Please Note: A single student should only be registered for one class date and time. Multiple paid registrations for a single student across class dates and times are subject to be **cancelled** and the class fee **refunded less a \$25 processing fee for EACH additional registration**.\*\*\*

## Tai Chi/Qigong

**Weds. | Time: 6-7pm | \$120 | Ages 20 & up**  
**9/18/24 - 11/20/24 - 10 wks**  
**Location: Eagleville School Gym**  
**Instructor: Charles Brynan**  
*registration deadline: 9/13/24*

With its integrative approach that strengthens the body while focusing the mind, Tai Chi addresses a range of physical and mental health issues— including bone strength, joint stability, cardiovascular health, immunity, and emotional well-being.

Tai Chi is especially useful for improving balance and preventing falls - a major concern for older adults. Instruction includes: gentle stretching, circular warmups, Eight Section Brocade Qigong, Five Element Theory Qigong, Tai Chi traditional training in the Yang Classical Style.



## How to Pivot Financial Vulnerability

**Tues. | Time: 6:30-8pm | Ages 18 & up | \$40**  
**10/1/24 - 1/14/25 (no class 11/5, 12/24, 12/31) - 13 wks**  
**Location: Arcola School Library**

**Instructors: Crystal Evans & Khori Hooks**

**CANCELED**

In this class, you will learn practical strategies to help families navigate financial challenges in today's volatile economic climate. The goal is to raise awareness about the struggles that many middle-class families are facing, and provide them with the knowledge and tools to secure a better financial future.

aramark   
**HIRING AT MSD!**  
Food Service Workers and Cashiers

**\$18 per hour**  
**NO nights/weekends!**  
**Part-time & Full-time**

SCAN TO APPLY!  


Scan QR code or call 610.489.5000 x30216

## Financial Planning

**Tues. | Time: 6:30-8:30pm | Ages 18 & up | \$60**  
**09/17/24 - 11/26/24 (no class 11/5) - 10 wks**  
**Location: Eagleville School Gym #114**  
**Instructor: Charles Brynan**  
**CANCELED**  
*registration deadline: 9/12/24*

First protect what matters most, then build toward financial success.

## What should you NOT Include in your Will

**Tues. 10/15/24 (single session) | Time: 6:30-8:30pm**  
**Ages 18 & up | Cost: \$30**  
**Location: Skyview School Library**  
**Instructor: Nicholas Montalto**  
*registration deadline: 10/10/24*

This class will focus on the ten things NOT to put in your will.

## Retirement Planning Today

**Weds | Time: 7-9pm | Ages 55 & up**  
**10/23/24 & 10/30/24 (2 wks) | \$49**  
**Location: Arcola School Library**  
**Instructor: The Gerdemann Group**  
*registration deadline: 10/18/24*

You work hard to provide for your family and save for the future. Learn to keep more of what you earn and make money work harder. Whether you are just beginning a retirement plan or rapidly approaching retirement, the information provided will benefit you.

Topics include how to: define long-term goals, manage investment risks, use new tax laws, make informed decisions about your company retirement plan & adjust your estate plan to function properly under new laws. This course blends financial education with life planning to help build wealth, align money with values & achieve retirement lifestyle goals.

**FIRSTstudent | HIRING MSD BUS DRIVERS!**

**\$26 per hour CDL**  
**\$21 per hour non-CDL**

**PAID CDL TRAINING!**

APPLY AT:  
[workatfirst.com](http://workatfirst.com)

## Mallon Planetarium Shows

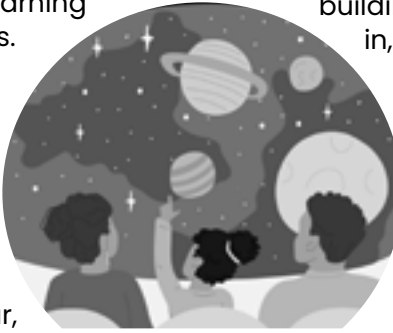
The Mallon Planetarium holds monthly shows on a wide range of topics for learners of various ages. Check the planetarium website in late August for details.

### ABOUT THE MALLON PLANETARIUM

The Mallon Planetarium is a unique resource of the Methacton School District located inside Arcola Intermediate School (4001-A Eagleville Road, Eagleville, PA 19403). Built in 1974, the planetarium has continuously provided unique learning experiences for ALL Methacton students.

Our goal, as stated by the original planetarium director, Dr. Gerald Mallon, is 'to be a laboratory NOT to produce astronomers for the world, but to produce people who are aware of the world around us'. Mallon Planetarium provides co-curricular, extracurricular, and community opportunities for all life-long learners.

In 2023, a complete renovation of the planetarium updated infrastructure and technology that ensures this distinctive feature will be available to our community for many more years.



### SCHEDULE AN ASTRONOMY LESSON

The Mallon Planetarium offers lessons to Methacton School District classes, outside district school classes, and non-profit community groups. Lessons can be scheduled in our planetarium, in an Arcola building classroom, or just about any location in, and around, Methacton School District. We also offer virtual presentations for groups that meet online.

For more information on scheduling your group's lesson, please email MSD Planetarium Director, Adam Chantry, at [AChantry@methacton.org](mailto:AChantry@methacton.org).

**+3600 students visit annually**  
**+1230 community members visit annually**



**WE'RE ON TWITTER!**

**@MSDPlanetarium**

## METHACTON SPIRIT SHOP



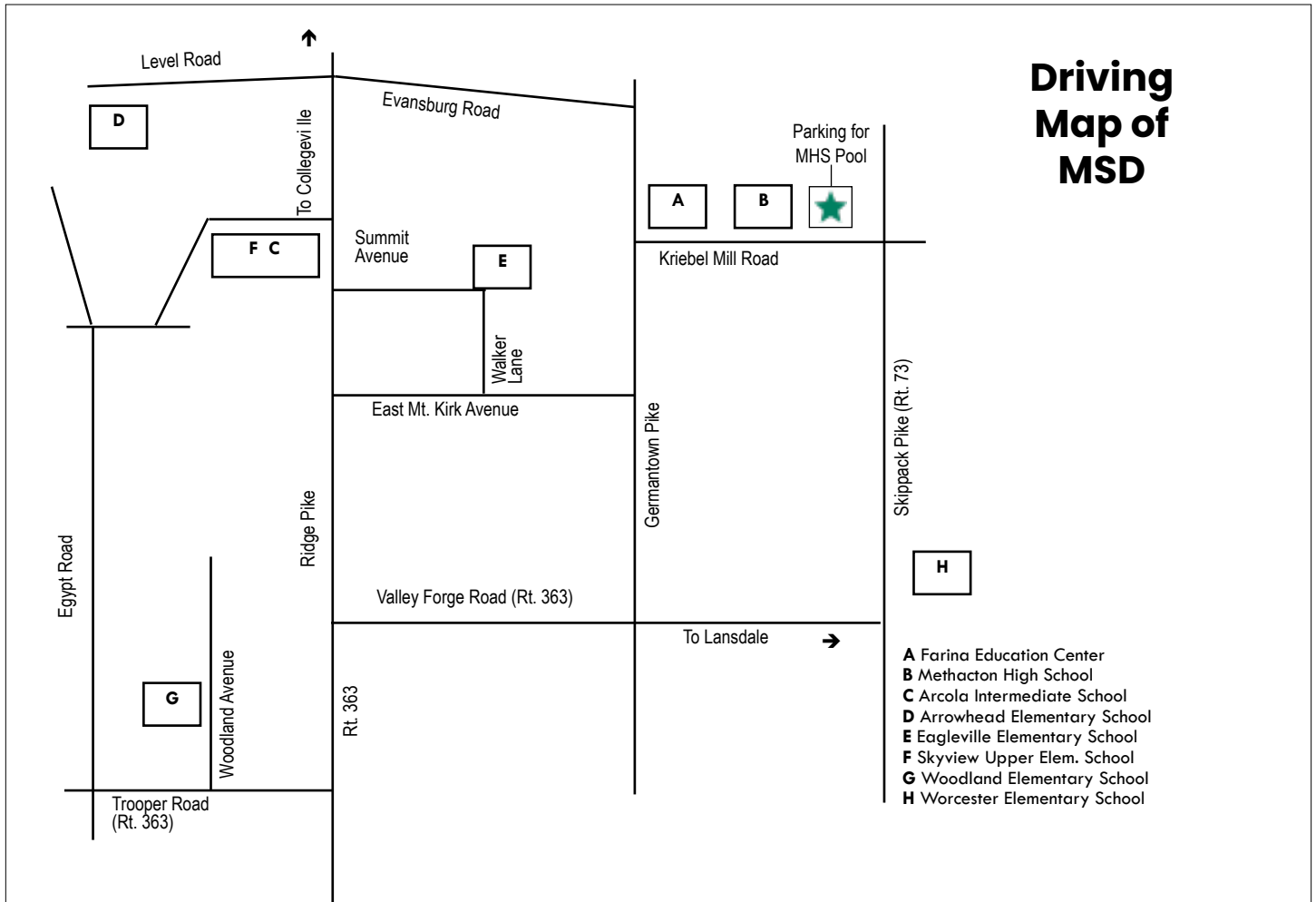
SCAN ME!



[www.methacton.org/MSDSpiritShop](http://www.methacton.org/MSDSpiritShop)



# Methacton School District Community Education Locations



- **Methacton High School**  
1005 Kriebel Mill Road, Eagleville, PA 19403  
\* Pool located in the East Wing
- **Arcola Intermediate School**  
4001-A Eagleville Road, Eagleville, PA 19403  
\* Planetarium located in the rear of the school
- **Skyview Upper Elementary School**  
4001-B Eagleville Road, Eagleville, PA 19403
- **Arrowhead Elementary School**  
232 Level Road, Collegetown, PA 19426
- **Eagleville Elementary School**  
125 Summit Ave., Eagleville, PA 19403
- **Woodland Elementary School**  
2700 Woodland Ave., Eagleville, PA 19403
- **Worcester Elementary School**  
3017 Skippack Pike, Lansdale, PA 19446



# RACE BACK TO SCHOOL!

## METHACTON 5K WALK/RUN

All proceeds benefit the Methacton Backpack Program!

**SUNDAY, SEPTEMBER 15, 2024**

**9:00 AM**

Heebner Park, Worcester PA

Awards for overall and age groups!

\$35 per person

\$20 Kids Fun Run (under 12)



REGISTER NOW!

[www.methactonfoundation.org/5K](http://www.methactonfoundation.org/5K)

## 2024 METHACTON APEX AWARDS

The 2024 Apex Awards will celebrate the outstanding achievements of Methacton alumni, educators, community members, and businesses on November 14, 2024. This event honors those who have made significant contributions to both their fields and the Methacton community. Tickets go on sale starting September 2nd!

### NOMINATE AN APEX HONOREE

*Do you know a remarkable Methacton educator, staff member, alumnus, or community member who deserves recognition for their outstanding achievements?*

EDUCATOR

COMMUNITY  
ADVOCATE

ALUMNI

[www.methactonfoundation.org/APEX](http://www.methactonfoundation.org/APEX)



## GOLD CARD DISCOUNT PROGRAM

*Available to MSD residents 60 and up*

### Steps to request a Gold Card:

1. Gather proof of age & residency
2. Send request & proof of age/residency to:

[information@methacton.org](mailto:information@methacton.org)

OR

1001 Kriebel Mill Rd. Eagleville, PA 19403

3. Receive your Gold Card in the mail!

## CANCELLATIONS & REFUNDS

Refunds are only issued (less a \$25 processing fee) provided written notice is received via **information@methacton.org** at least 2 weeks prior to the program's start date.

Notice of a class cancellation due to low enrollment will be provided approximately 48 hours in advance. You will receive a refund for your class less a 4.37% service fee.

## REGISTRATION IS EASY!

**REGISTER TODAY AT:**  
[www.methacton.org/comed](http://www.methacton.org/comed)

*Registration confirmations will be sent via email. Please mark your calendars. Class reminders are not sent.*

## INCLEMENT WEATHER

If Methacton School District is closed due to inclement weather, or experiences an unscheduled closure for another reason, all Community Education classes are cancelled.

Please visit

[www.methacton.org](http://www.methacton.org)  
for all cancellation information.

If your class is held off-campus, please call your class instructor directly.



[information@methacton.org](mailto:information@methacton.org)



610.489.5000