

COVID-19 Daily Self-Screening Checklist

Review this checklist **BEFORE** allowing your child to participate in any on premises activities:

1. In the past 24 hours, has your child experienced any of the following:

Fever (above 100.4° F)

Headache

Fatigue

Chills

Congestion or runny nose

New loss of taste or smell

Muscle or body aches

Cough

Nausea or vomiting

Diarrhea

Sore throat

Shortness of breath or difficulty breathing

2. Has your child been in close contact with someone who experienced these symptoms within the past 14 days?

3. Has your child been exposed to anyone who has tested positive for COVID-19 in the past 21 days?

If you reply **YES** to any of the questions above, **please keep your child home** and follow the steps below:

Step 1: Report absence to the attendance line for your child's school. Please state "symptomatic" or "exposure to symptomatic individual" as the reason for keeping student home.

MHS 610-831-5329 | Arcola 610-831-5314 | Skyview 610-831-5328

Arrowhead 610-831-5331 | Eagleville 610-831-5325 | Woodland 610-831-5323 | Worcester 610-831-5327

Step 2: Contact your healthcare provider for possible testing of COVID-19.

On Premises Return Criteria

- If test result is **NEGATIVE**, on premises return permitted 72 HOURS after symptoms are no longer present.
- If test result is **POSITIVE**, student may return after:
 - 3 days with no fever **AND** improvement in symptoms **AND** 10 days since symptoms first appeared.
 - Written documentation from physician or the Montgomery County Department of Health will be required to participate in any on premises activities.
- If testing is not required by healthcare provider, student may return if fever free with no other symptoms for at least 72 Hours.

Thank you for your cooperation in helping limit exposure to COVID-19 and in helping protect self and others.