February/March

National Strawberry Day

HIGH SCHOOL	Monday 2/26	Tuesday 2/27	Wednesday 2/28	Thursday 2/29	Friday 3/1
LUNCH MEAL COLD OFFERINGS	**Daily Offerings:** Sunbutter & Jelly V Hummus Vegetable Platter V Chicken Caesar Wrap BBQ Chicken Flatbread **Salads** Garden V GF Chef Salad Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL HOT OFFERINGS	**Daily Offerings:** Chicken Tenders Chicken Nuggets Chicken Patty Spicy Chicken Patty Hamburger Cheeseburger *Gluten Free Rolls Available upon request* *Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)*				
LUNCH MEAL MADE TO ORDER DELI	**Main Options:** Ham Turkey Roast Beef Salami Pepperoni Assorted Cheeses V **Breads:** Ciabatta Hoagie Roll Flour Tortilla Gluten Free Rolls GF **TOPPINGS** Lettuce Tomato Onion Cucumber Sweet Pepper Jalapeno Pickle **Dressings:** Mayo Mustard Ranch Honey Mustard Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL PIZZA	Choose from Cheese Pizza V Pepperoni Pizza Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
THE WARRIOR ENTRÉE ONLY	French Toast Sticks & Sausage w/ Hash Brown V	Stir Fry Noodle Bar	Stir Fry Noodle Bar	Stir Fry Noodle Bar	Chicken Cordon Bleu Sandwich
SUPREME PIZZA *Extra Large Slices* **ENTRÉE $4.45**	Meat Lover's	Three Cheese V	Veggie V	White with Tomato and Herb V	BBQ Chicken
SPECIALTY BISTRO $4.45	Warrior-fil- A Sandwich w/ Special M Sauce	Cheese or Pepperoni Calzone V	Beef or Chicken Burrito	BLT Angus Burger	Grilled Cheese on Texas Toast with Soup V

Gluten Free Rolls Available upon request

Methacton SCHOOL DISTRICT

aramark STUDENT NUTRITION

FREE & REDUCED
All meal offerings are eligible for Free & Reduced Program. Students do not need to take all components to qualify.

Lunch Meal $3.35

Entrée Only $4.45

GLUTEN FREE ROLLS, FRESH FRUIT & VEGETABLES Available daily. Items are a la carte unless denoted on station.

Aramark is hiring!

- Food Service Workers
- Cashiers

NO nights or weekends

$ 18 per hour

MENUS ARE SUBJECT TO CHANGE

Questions? Contact the Food Service Director 610-489-5000 x30216

V = Vegetarian

GF = Gluten Free

EOE - The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations.

Milk: All Choices are rBST Hormone Free: Nonfat Flavored Chocolate and 1% White

March

HIGH SCHOOL	Monday 3/4	Tuesday 3/5	Wednesday 3/6	Thursday 3/7	National Meatball Day Friday 3/8
LUNCH MEAL COLD OFFERINGS	**Daily Offerings:** Sunbutter & Jelly (V) Hummus Vegetable Platter (V) Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)		Chicken Caesar Wrap BBQ Chicken Flatbread	Salads Garden (V GF) Chef Salad	
LUNCH MEAL HOT OFFERINGS	**Daily Offerings:** Chicken Tenders Chicken Nuggets *Gluten Free Rolls Available upon request* *Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)*		Chicken Patty Spicy Chicken Patty	Hamburger Cheeseburger	
LUNCH MEAL MADE TO ORDER DELI	Main Options: Ham Turkey Roast Beef Salami Pepperoni Assorted Cheeses (V) Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)	Breads: Ciabatta Hoagie Roll Flour Tortilla Gluten Free Rolls (GF)	TOPPINGS Lettuce Tomato Onion Cucumber	Sweet Pepper Jalapeno Pickle	Dressings: Mayo Mustard Ranch Honey Mustard
LUNCH MEAL PIZZA	Choose from	Cheese Pizza (V)	Pepperoni Pizza Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)		
THE WARRIOR ENTRÉE ONLY	Breakfast Bar	Breakfast Bar	Breakfast Bar	Breakfast Bar	Pizza Dippers
SUPREME PIZZA *Extra Large Slices* **ENTRÉE $4.45**	Sausage	Peppers and Onions (V)	Hawaiian	Taco	Meatball
SPECIALTY BISTRO $4.45	Hot Honey Chicken Biscuit Tostada	Sweet & Sour Chicken with Fried Rice and Egg Roll *Gluten Free Rolls Available upon request*	Bacon Cheddar Angus Burger	Chicken & Cheese Quesadilla with Rice	Spicy Chicken Filet Sandwich & Fries

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March

HIGH SCHOOL	Monday 3/11	Tuesday 3/12	Wednesday 3/13	Thursday 3/14	Friday 3/15
LUNCH MEAL COLD OFFERINGS	Daily Offerings: Sunbutter & Jelly (V), Hummus Vegetable Platter (V), Diced Chicken BLT Sub, BBQ Chicken Flatbread, Salads: Garden (V GF), Popcorn Chicken Salad. Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL HOT OFFERINGS	Daily Offerings: Chicken Tenders, Chicken Nuggets, Chicken Patty, Spicy Chicken Patty, Hamburger, Cheeseburger. *Gluten Free Rolls Available upon request*. Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL MADE TO ORDER DELI	Main Options: Ham, Turkey, Roast Beef, Salami, Pepperoni, Assorted Cheeses (V). Breads: Ciabatta, Hoagie Roll, Flour Tortilla, Gluten Free Rolls (GF). TOPPINGS: Lettuce, Tomato, Onion, Cucumber, Sweet Pepper, Jalapeno, Pickle. Dressings: Mayo, Mustard, Ranch, Honey Mustard. Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL PIZZA	Choose from Cheese Pizza (V) Pepperoni Pizza. Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
THE WARRIOR ENTRÉE ONLY	Pizza Quesadilla (V)	Taco Bar	Taco Bar	Taco Bar	Pierogie Bar (V)
SUPREME PIZZA *Extra Large Slices* ENTRÉE $4.45	Meatball	Chicken Bacon Ranch	White with Tomato (V)	Mushroom and Sausage	Veggie
SPECIALTY BISTRO $4.45	Chicken Cordon Bleu Sandwich w/ Pasta Salad	Stir-Fry with Beef or Chicken, Veggies & Fried Rice	Bacon Grilled Cheese on Texas Toast with Soup	Boneless Wing Bar with Hot & BBQ Served with Corn & Coleslaw	Warrior Chicken Fil-A Sandwich with Special-M Sauce

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March

HIGH SCHOOL	Monday 3/18	Tuesday 3/19	Wednesday 3/20	Limited Time Offer Thursday 3/21	Friday 3/22
LUNCH MEAL COLD OFFERINGS	**Daily Offerings:** Sunbutter & Jelly (V) Hummus Vegetable Platter (V) Chicken Caesar Wrap BBQ Chicken Flatbread **Salads** Garden (V GF) Chef Salad Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL HOT OFFERINGS	**Daily Offerings:** Chicken Tenders Chicken Nuggets Chicken Patty Spicy Chicken Patty Hamburger Cheeseburger *Gluten Free Rolls Available upon request* *Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)*				
LUNCH MEAL MADE TO ORDER DELI	**Main Options:** Ham Turkey Roast Beef Salami Pepperoni Assorted Cheeses (V) **Breads:** Ciabatta Hoagie Roll Flour Tortilla Gluten Free Rolls (GF) **TOPPINGS** Lettuce Tomato Onion Cucumber Sweet Pepper Jalapeno Pickle **Dressings:** Mayo Mustard Ranch Honey Mustard Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL PIZZA	Choose from Cheese Pizza (V) Pepperoni Pizza Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
THE WARRIOR ENTRÉE ONLY	Pizza Crunchers (V)	Pasta Bar (V)	Pasta Bar (V)	Patsa Bar (V)	Pasta Bar (V)
SUPREME PIZZA *Extra Large Slices* **ENTRÉE $4.45**	Muchroom and Pepperoni	Meat Lovers	White w/ Ricotta (V)	Supreme	Three Cheese (V)
SPECIALTY BISTRO $4.45	Chicken Cordon Bleu Sandwich with Cole Slaw	General Tso's Chicken with Fried Rice and Egg Roll	Ravioli Bar (V)	Spicy Chicken Mole Tacos	Breaded Fish Stickw with Fries

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March

HIGH SCHOOL	Monday 3/25	Tuesday 3/26	Wednesday 3/27	Thursday 3/28	Friday 3/29
		Baseball Home Opener Week	No School	No School	No School
LUNCH MEAL COLD OFFERINGS	**Daily Offerings:** Sunbutter & Jelly (V) Hummus Vegetable Platter (V) Chicken Ranch Wrap BBQ Chicken Flatbread **Salads** Garden (V GF) Popcorn Chicken Salad Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL HOT OFFERINGS	**Daily Offerings:** Chicken Tenders Chicken Nuggets Chicken Patty Spicy Chicken Patty Hamburger Cheeseburger *Gluten Free Rolls Available upon request* *Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)*				
LUNCH MEAL MADE TO ORDER DELI	**Main Options:** Ham Turkey Roast Beef Salami Pepperoni Assorted Cheeses (V) **Breads:** Ciabatta Hoagie Roll Flour Tortilla Gluten Free Rolls (GF) **TOPPINGS** Lettuce Tomato Onion Cucumber Sweet Pepper Jalapeno Pickle **Dressings:** Mayo Mustard Ranch Honey Mustard Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
LUNCH MEAL PIZZA	Choose from Cheese Pizza (V) Pepperoni Pizza Includes: 1 drink (Milk/Juice), 1 Fruit & 1 Vegetable (pick up to all 3 items at no cost)				
THE WARRIOR ENTRÉE ONLY	Mozzarella Sticks with Marinara Sauce (V)	French Toast Sticks with Sausage & Hash Brown			
SUPREME PIZZA *Extra Large Slices* **ENTRÉE $4.45**	Sausage w/ Peppers	White w/ Broccoli (V)			
SPECIALTY BISTRO $4.45	Swiss Mushroom Angus Burger with Fries	Hot Dog Bar with Fries *Gluten Free Rolls Available upon request*			

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