

# Methacton

## SCHOOL DISTRICT

### Community Education Program Guide

FALL 2019

[www.methacton.org/comed](http://www.methacton.org/comed)

### Methacton Senior Citizens' Thanksgiving Luncheon

Thursday, November 21, 2019 at 1:30 p.m.

Registration deadline: Thursday 11/14/19

Cost: \$10 (Not eligible for Gold Card Discount)

**Arcola Intermediate School - Main Entrance**  
Methacton School District senior citizens are invited to attend a special Thanksgiving luncheon at Arcola Intermediate School. This event will begin with student entertainment, followed by a student-served luncheon featuring turkey with all the trimmings! Space is limited, so please use the registration form below to sign up. You can also register online at [www.methacton.org/comed](http://www.methacton.org/comed) (with Gold Card and credit card payment). Please note your Gold Card number or send a copy of your driver's license with your registration to verify residency. Please park at Arcola Intermediate School. Mail to: **Methacton School District, 1001 Kriebel Mill Road, Eagleville, PA 19403**. Free *Planetarium show before or after lunch: Please indicate if you would like to attend the 12:30 p.m. or 2:30 p.m. show.*

### MHS Evening Counseling Programs for Parents

#### Financial Aid Night

Thursday, September 26, 2019 7-9 p.m.

Location: MHS Auditorium \$FREE

Instructor: MHS Counseling Department

Registration is required through the link on the high school's online calendar at [www.methacton.org](http://www.methacton.org).

Our annual financial aid program is designed for parents and students to learn more about the process of applying for aid through the Free Application for Federal Student Aid (FAFSA) as well as the CSS Profile (form through The College Board). The applications open up on October 1, 2019. Parents of seniors and their children should plan on attending. Underclassmen parents are welcome to attend as well. Please sign up through the district calendar in advance for the presenters to plan the number of materials to bring.

#### Post Secondary Planning for Parents of Seniors

Thursday, September 12, 2019 7-9 p.m.

Location: MHS Auditorium \$FREE

Instructor: MHS Counseling Department

Registration is required through the link on the high school's online calendar at [www.methacton.org](http://www.methacton.org).

Topics covered will include employment options after high school, military options, the college application process as well as a review of inventories that the students have utilized in Naviance to assist them with identifying what their future interests may be. Please sign up through the district calendar in advance for the presenters to plan the number of materials to bring.

<b>MSD THANKSGIVING LUNCHEON REGISTRATION 2019</b>	
NAME: _____	
ADDRESS: _____	
CITY _____ STATE _____ ZIP _____	
PHONE: _____	
EMAIL: _____	
AMOUNT ENCLOSED: \$ _____ Checks payable to "MSD"	
Participants:	Gold Card #
PLANETARIUM SHOW TIME:	

The Methacton School District Board of School Directors is committed to the use of school facilities by the community it serves. The Methacton School District Community Education Program is one way that we strive to accomplish that goal. The program is designed to offer interesting enrichment programs for individuals of all ages, while fostering a love of life-long learning. The program is, whenever possible, self-supported. If you have any questions about the program, have an idea for a class, or would like to become an instructor, please contact the Community Education office at 610-489-5000, ext. 15007.

## (#10356) -Family Yoga

Mondays, (8 weeks) Time: 4:45-5:30pm \$85\*/session

\*Session I: 9/16/19-11/11/19 (no class 9/30, 10/7, 10/14)

\*Session II: 11/25/19-1/13/20 (no class 12/23, 12/30)

Location: Eagleville Elementary School Music Room

Instructor: Lori Shaw

Parents and students in Grades 1-4. Learn how you can incorporate breathing and yoga poses into your daily life to have fun, and decrease stress or anxiety. When parents and children learn together, they are more apt to improve communication, encourage each other to participate and have fun challenging each other. Mats are available to borrow if needed.

\* REGISTRATION COVERS PARENT AND ONE CHILD.

ADDITIONAL \$15.00 CHARGE FOR EXTRA PARTICIPANT.

## (#10492) -Gentle Yoga for Everyone

Tuesdays, (8 weeks) Time: 4:30-5:45pm \$85

9/10/19 - 11/19/19 (no class 11/5)

Location: Arrowhead School Music Room

Instructor: Deb Smith

This is a gentle Hatha yoga style class. It's all about learning to find a peaceful practice that not only stretches and strengthens, but holds no judgement and is free from frustration. This class is for everyone. No yoga experience is necessary. We will take time to move with the breath, and find our truth. As a Physical Education teacher and avid runner, I find this practice to be the most beneficial for my body. At the end of each practice during Shavasana, an optional head and neck massage is offered using essential oils. Deb is a 500 RYT yoga teacher with additional certifications in medicinal aromatherapy and Reiki.

## (#10294) -Zumba @ Arrowhead

Mondays (10 weeks) Time: 7-8 p.m. \$96

9/9/19 - 11/25/19 (no class 10/30 or 10/14)

Location: Arrowhead School Gym

Instructor: Wholistics Fitness Staff

Ages 18+. All abilities welcome to join. Our Latin inspired program will help you burn up to 1000 calories in a 1 hour easy-to-follow dance/fitness class. It's healthy, beneficial, rewarding, and most of all FUN. (You will learn Merengue, Salsa, Cha Cha rhythms, and more.)

## (#10498) - Men's Basketball

Thursdays (10 wks) Time: 7-9 p.m. \$100

9/19-12/19 (no class 10/31, 11/28)

Location: Arcola School Boys Gym

Instructor: Rick Holly

Ages 18+ - Two hours to play basketball! We will warm-up, shoot for teams, and scrimmage for the remainder of the time. Come with water and get ready for some exercise! Basketballs are provided.

*Can't make it every week? Walk ins welcome! \$10 per person/per night.*

## (#10499) - Co-Ed Adult Volleyball

Wednesdays (10 wks) Time: 7-9:30 p.m. \$110

9/18/19 - 12/4/19 (no class 11/27)

Location: Arcola School Main Gym

Instructor: Mike Donahue

Ages 18+. If you are looking to meet new people, stay in shape, or just have a good time, your search ends here. Whether you are a seasoned volleyball player or just beginning, all are welcome. After a few warm up games, we will separate into two groups: one recreational and one competitive, so no matter what type of play you are looking for, you can find it here.

*Can't make it every week? Walk ins welcome! \$12 per person/per night.*

## (#10503) - Line Dance Mix

Wednesdays (10 weeks) Time: 6:30-7:30 p.m. \$75

9/25/19 - 12/11/19 (no class 10/9, 11/27)

Location: Arrowhead School Gym

Instructor: Lynne Stevens

Do you love to dance, or do you want to learn how? We have a great option for you! Line dance gives you the chance to learn and use lots of dance patterns and styles, and lets you dance them however you want! If you're a newcomer, it's a great way to ease yourself into dance. If you're experienced, you can fully indulge yourself in each dance's style. We dance to all kinds of music - country, soul, oldies, contemporary, rock-n-roll, etc. The variety is endless! And so is the fun!!

## (#10495) - Tai Chi/Qigong

Tuesdays (10 wks) Time: 6-7 p.m. \$100

9/10/19 to 11/12/19

Location: Eagleville School Gym

Instructor: Charles W Brynan III, MRP - Pear Garden Tai Chi & Reflexology

With its integrative approach that strengthens the body while focusing the mind, Tai Chi addresses a range of physical and mental health issues - including bone strength, joint stability, cardiovascular health, immunity, and emotional well-being. Tai Chi is especially useful for improving balance and preventing falls - a major concern for older adults. Instruction includes: gentle stretching, circular warm-ups, Eight Section Brocade Qigong, Five Element Theory Qigong, Tai Chi traditional training in the Yang Classical Style.

## (#10505) - Aeroflex Total Body

Tuesdays (8 wks) Time: 6:30-7:30 p.m. \$65

9/9/19 - 11/11/19 (no class 9/30)

Location: Woodland School Gym

Instructor: Aerobic Rhythmic

Aeroflex is a total body workout set to fun, lively music. This includes a cardio dance segment including dance routines, kickboxing moves, the new Pound Program with Stix, etc. Also includes strength exercises with light weights and the use of resistance tubing for toning, making this a complete workout. This high intensity/low impact workout is everything you need in one hour. Please bring mat, water, light hand weights. Resistance tubes will be for sale at class.

## (#10512) - Retirement Planning Today

Tuesdays (2 wks) Time: 7-9:30 p.m. \$54  
10/6/19 & 10/15/19

Location: Arcola School Library

Instructor: The Gerdelmann Group

How much money do you need to retire? Learn how to improve retirement income; convert IRAs to tax free income; proper distribution planning; improve standard of living; understand risk before and during retirement; asset allocation; taxes and estate planning. CLASS FEE INCLUDES WORKBOOK which you will receive the first night of class. BRING GUEST FOR FREE!

## (#10510) - Intro to Microsoft Word

Mondays (3 wks) Time: 6-8 p.m. \$65  
9/9/19 - 9/23/19

Location: Methacton High School Room #C168

Instructor: Michael Angstadt

Learn how to use the Microsoft Word 2016 word processing application to write letters, create flyers, and more. Topics covered include spell check, headers/footers, tables, file types, and image manipulation. PLEASE NOTE: Basic desktop computer proficiency is required, including how to use the mouse. Students must bring a flash drive to each class to save their work.

## (#10511) - Intro to Microsoft Excel

Mondays (3 wks) Time: 6-8 p.m. \$65  
10/14/19 - 10/28/19

Location: Methacton High School Room #C168

Instructor: Michael Angstadt

Learn how to create spreadsheets, charts, and data tables with the industry's leading spreadsheet program, Microsoft Excel 2016. Master the basics of sorting, formulas, cell referencing, conditional formatting, and more. Topics are introduced by walking the student through the creation of monthly budget spreadsheet. PLEASE NOTE: Basic desktop computer proficiency is required including how to use the mouse. Students must bring a flash drive to each class to save their work.

## (#10556) - Digital Photography-Intermediate

Thursdays (6 wks) Time: 7-9pm \$90

Nov. 7, 14, 21, Field Trip to Elmwood Zoo: Nov. 23,  
Night Field Trip: Dec. 5, Final class: Dec. 12.

Location: Methacton High School Room C121

Instructor: Lou Liguori

Age 18+. Learn in depth skills for photographing people, flowers, sporting events, and more. Includes a field trip to Elmwood Zoo on Saturday November 23, and a night field trip on Thursday, December 5. Photo assignments provide a 'How To' experience in photographing various subjects. Photos will be critiqued in class in terms of lighting, composition and camera technique. A digital SLR camera is preferred and a tripod is recommended. PLEASE NOTE students must bring their camera to class. (Minimum 12 students).

## (#10529) - Oil Painting

Mondays (10 wks) Time: 7-9 p.m. \$115

Sept. 23, 30, Oct. 7, 14, 21, 28, Nov. 4, 11, 18, 25

Location: Arcola School Room #147

Instructor: Marilyn Schassberger

Age 18+. Beginners welcome for an enjoyable painting experience in the technique of oil painting. Develop an understanding of the use of line, space, and mixing of colors. Supplies needed: flat metal palette knife, a white shiny oil palette pad, Winsor & Newton Artisan water mixable oil colors: blue, viridian green, cadmium red, and light yellow, alizarin crimson and white. Bristol brushes: long handle #2 flat, #5 round. Stand oil medium. Table easel, and canvas 11x14. Pizza box to carry wet painting. Bring photo or picture for reference.

## (#10528) - Acrylic Painting/Drawing and/or Pastels

Tuesdays (10 wks), Time: 4-6 p.m. \$115

Oct. 1, 8, 15, 22, 29, Nov. 12, 19, Dec. 3, January 7, 14

Location: Arrowhead School Art Room

Instructor: Bev Blahut

Ages 11 to Adult. You can't decide if you want to take a drawing class or a painting class? This class is designed for both painters and drawers to work separately in the same environment. People who paint use their own different and individual subjects that they choose. People who draw are given specific subject matter each week. In both cases all the elements of drawing and painting will be employed. Painters will need acrylics in at least the primary colors, a large tube of white, and a variety of paint brushes and heavy paper or canvas board. Drawers need a drawing tablet and a variety of pencils. Specifics will be discussed in the first class. The class is set up for adults but any serious minded young person who is at least age 11 through the teens, is most welcome. All will be expected to be self motivated.

## Beginner & Intermediate Crochet for Left & Right Handed Adults

(#10706)- Thursdays, (8 wks) \$85

9/26/19 - 12/5/19 (no 10/31, 11/7, 11/28)

Time: 5:30-6:30 p.m.

Location: Skyview School Library

Instructor: Melissa Krauss

Age 18+. Everyone is invited to learn about the wonderful world of crochet! Learn about yarn, hooks and other tools, and start with the most basic crochet stitches: the chain stitch, single, and double crochet. We will crochet a beautiful scarf and a cozy lap blanket and learn to read the crochet pattern. Supplies needed: 2 crochet hooks - size H8/5mm and size L/8mm. Yarns: Size 6 super bulky (recommended Bernat Blanket) (10.50oz/300g) - 4 balls; Size 4 worsted weight (recommend Red Heart or Valla's Choice, A solid light color works best.) - 2 balls; yarn needle, scissors (stitch markers are helpful but not required.)

Our intermediate students will work with adding buttons and flowers to different projects. Supplies needed: Crochet hook 1/9 or 5.5mm hook. Yarn weight (4) medium weight/ worsted weight (recommended Red Heart or Valla's Choice); 2 balls of yarn (you can do 2 different colors); yarn needle, scissors, stitch markers are helpful but not required.

**New York City for the Holidays**

Saturday, December 14, 2019 \$65  
 8 a.m. departure, return approximately 9 p.m.  
**Registration Deadline: 11/30/19**

Get ready for the holidays in NYC! The coach bus will drop you off near Times Square for shopping, seeing a Broadway show, ice skating, visiting a museum, visiting NBC for a studio tour...the choice is yours! We provide the relaxing Hagey coach bus transportation, equipped with WiFi, and you decide how to spend the day in this exciting city. Bring your personal electronic devices to watch a movie or surf the web while enjoying the ride. **PLEASE NOTE! REGISTRATION DEADLINE FOR THIS TRIP IS 11/30/19.** Participants should park at Methacton High School East Wing the day of the trip.

**2019-2020 WALK & TALK CLUB**

**\$FREE**  
**Starting 10/1/2019 to 5/30/2020 4-7pm**  
 Meet new friends and chat with old friends as you walk the halls of Arcola and Skyview Campus. Come out of the cold and rain and join in a friendly walk. Please send email or written note requesting registration, along with a copy of driver's license or Gold Card #. A Walk & Talk badge will be mailed to you. Walk & Talk is available Mondays through Thursdays. It is not available on holidays, weekends, or when schools are closed. Mail to: Methacton School District, 1001 Kriebel Mill Rd. Eagleville, PA, 19403, attn: Community Education; or email [kkifer@methacton.org](mailto:kkifer@methacton.org).

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**AFTER SCHOOL PROGRAMS FOR KIDS**

**Science Explorers Gr. 1-4**

**Slime After Slime**

Gr. 1-4. Join in the fun as we make different slime creations over this 3-week intro into the wonderful world of polymers. We'll also experiment with magnetic fields as we make a very *attractive* slime, and we'll explore the electromagnetic spectrum as we create a variety of different types of slime that change color as if by magic in UV light. **Deadline to register: 2 weeks before program start date.**

**(3wks) Time: 3:40-4:40 p.m. \$75**

- #10592 - Arrowhead - Art Room  
Wed., 9/18/19 - 10/2/19
- #10597 - Eagleville - Rm. 203  
Thurs., 9/19/19 - 10/3/19
- #10603 - Woodland - Art Room  
Wed., 9/18/19 - 10/2/19
- #10609 - Worcester - Art Room  
Mon., 9/16/19 - 10/7/19 (no 9/30)

**Pop, Bang, Fizz**

Gr. 1-4. A pinch of this, a dash of that, some wild reactions are where it's at! Mix up a frozen ice cream treat and fizzy bath popper to clean your feet! You won't believe our mixing fun can teach some science before it's done. With a pop or a bang or even some fizz, you have just become a chemistry whiz! **Deadline to register: 2 weeks before program start date.**

**(5 wks) Time: 3:40-4:40 p.m. \$120**

- #10593 - Arrowhead - Art Room  
Wed. 10/16/19 - 11/13/19
- #10598 - Eagleville - Rm. 203  
Thurs., 10/10/19 - 11/14/19 (no 10/31)
- #10604 - Woodland - Art Room  
Wed., 10/16/19 - 11/13/19
- #10610 - Worcester - Art Room  
Mon., 10/21/19 - 11/18/19

**Wild About Weather**

Gr. 1-4. Have you ever seen golf ball-sized hail? Watched a lightning bolt slam into a tree and burn it to the ground? Sound scary? Not if you are prepared! Join us to learn all about weather. You, the meteorologist, will create and use your own weather station to predict changes in the weather. Construct a barometer to track air pressure changes, simulate a weather front, calculate wind speeds and make a tornado in a bottle. The forecast is all fun! **Deadline to register: 2 weeks before program start date.**

**(5 wks) Time: 3:40-4:40 p.m. \$120**

- #10594 - Arrowhead - Art Room  
Wed. 12/4/19 - 1/15/20
- #10599 - Eagleville - Rm. 203  
Thurs., 12/5/19 - 1/9/20 (no class 11/26)
- #10605 - Woodland - Art Room  
Wed., 12/4/19 - 1/15/20 (no class 12/25 & 1/1)
- #10612 - Worcester - Art Room  
Mon., 12/1/19 - 1/13/20 (no class 12/23, 12/30)

## Shining Knights Chess

Grades 1 - 6. From basics to advanced strategies, this program provides chess instruction for all skill levels. Beginners to experienced players will continue to build their skills. Each class includes a lesson with an opportunity to be paired with an opponent and hone one's skills. All equipment is provided.

**(12 wks) Time: 3:40-4:40 p.m. \$192**

**#10579 - Arrowhead School Library**

Tues., 9/10/19 - 12/17/19  
(no class 11/5, 11/19)

**#10585 - Eagleville School Library**

Wed., 9/11/19 - 12/4/19  
(no class 11/27)

**#10581 - Worcester School Library**

Thurs., 9/19/19 - 12/19/19  
(no class 10/31, 11/28)

**#10587 - Skyview School Library. \*Time: 3:20-4:20 p.m.\***

Thurs., 9/12/19 - 12/12/19  
(no class 10/31, 11/28)

## Methacton After School Running Club for 3rd & 4th Grades

**(#10589A) - Mondays (10 wks) 9/16/19-11/18/19 \$75**

**Time: 3:45 - 4:45 p.m.**

**Location: Arrowhead School Gym & Fields**

**Instructor: Jon Moul**

**Assistant: Frank Heck**

Gr. 3 & 4. Students are invited to come learn about the basics of running which will include discussing different topics related to running such as hydration, proper sleep and nutrition, and running form. The students will participate in core and plyometric exercises, endurance and speed training. The session will conclude with a scheduled race, which is voluntary.

## Methacton After School Running Club for 5th & 6th Grades

**#10589B) - Mondays Time: 3:45-4:45 p.m. \$95**

**(10 wks) Mondays & Wednesdays (2x/week)**

**Starts Monday 9/16/19. Ends Wednesday 11/20/19**

**(no class Monday, 4/22, 5/27. Wednesday, 4/17)**

**Location: Arrowhead School Gym and Fields**

**Instructor: Jon Moul**

**Assistant: Frank Heck**

Gr. 5 & 6. Students are invited to come learn about the basics of running which will include discussing different topics related to running such as hydration, proper sleep and nutrition, and running form. The students will participate in core and plyometric exercises, endurance and speed training. The session will conclude with a scheduled race, which is voluntary.

## Beginner & Intermediate Crochet for Left & Right Handed Children

**Thursdays (8 wks) Time: 3:20-4:20 p.m. \$85**

**(#10705)- 9/26/19 - 12/5/19 (no class 10/31, 11/7, 11/28)**

**Location: Skyview School Cafeteria (Small Section)**

**Instructor: Melissa Krauss**

Grades 5 & 6. Children who learn to crochet show improvement in fine motor coordination, reading, math comprehension, critical thinking and problem-solving. Not only that, crocheting is fun! This class will work on learning how to make a cozy scarf. Supplies needed: Crochet hook size J, 2 skeins of worsted weight size 4 yarn, crochet needle, scissors, and stitch markers.

## (#10373) -Yoga for Kids

**\$65**

**Mondays, (6 weeks) Time: 3:40-4:25pm**

**\*Session 1: 9/16/19-11/11/19 (no class 9/30, 10/7, 10/14)**

**\*Session II: 11/25/19-1/13/20 (no class 12/23, 12/30)**

**Location: Eagleville Elementary School Music Room**

**Instructor: Lori Shaw**

Grades 1-4. Yoga is a fun way for children to learn to connect their mind and bodies and start to explore mindfulness. Students will learn breathing techniques and yoga poses through stories, games and activities. Yoga can be especially helpful for children who are anxious, have high energy levels or have difficulty controlling their bodies. Students should wear comfortable clothes and pack a light snack to have right after school. Yoga mats will be provided.

### METHACTON SCHOOL DISTRICT COMMUNITY EDUCATION LOCATIONS:

Methacton High School  
1005 Kriebel Mill Road, Eagleville, PA 19403  
\* Pool located in the East Wing

Arcola Intermediate School  
4001-A Eagleville Road, Eagleville, PA 19403  
\* Planetarium located in the back of the school

Skyview Upper Elementary School  
4001-B Eagleville Road, Eagleville, PA 19403

Arrowhead Elementary School  
232 Level Road, Collegenille, PA 19426

Eagleville Elementary School  
125 Summit Ave., Eagleville, PA 19403

Woodland Elementary School  
2700 Woodland Avenue, Eagleville, PA 19403

Worcester Elementary School  
3017 Skippack Pike, Lansdale, PA 19446

# MORE PROGRAMS FOR KIDS

## Holiday Cookie Extravaganza!

Date: Friday (1 night), 11/22/19 \$35/child  
Time: 6-8:30 p.m.  
Location: Arcola School Rm. 143  
Instructor: Kitchen Wizards

Grades 3-6. This is a great way to introduce your child to the joy of cooking! We'll prepare lots of cookie recipes and all children will go home with a plate full of delicious, fresh-baked cookies to share with the family. Children should bring a beverage.

## American Red Cross Babysitting

(#10591) - Saturday (1 day) 9/28/19 \$135  
Time: 9 a.m.-3 p.m.  
Location: Methacton High School Library  
Instructor: Sarah Prebis

Ages 11+. Parents are in search of trained child-care providers who are Red Cross Certified!!!! Our Red Cross babysitter classes give you access to best-in-class instructors who will share the latest information on child care, offer tips, and can answer all of your questions so that you're ready to start your own babysitting business. Topics covered: Basic Care for Infants and Children (feeding, diapering, toileting, dressing), Basic First Aid (conscious choking, bleeding emergencies, calling 911), Child Behavior (discipline, role model behavior, ages and stages for children), Age-Appropriate Activities (games for each age, capabilities of each age), Emergency Protocols (FIND decision making, Check/Call/Care for emergencies), Professionalism (creating resumes, interviewing, follow up), Leadership (role model, communicating with children, being a great example), Growing Your Business. In addition to the Red Cross Certification card, each participant leaves with a CD chocked full of information. Please bring pencil and lunch.

## Methacton Mission

The Methacton School District is an exemplary student-focused and community-centered environment that prepares learners to meet the demands of our evolving world.

## Methacton Vision

The Methacton School District will empower all learners to develop talents, encourage personal growth and success, and inspire leadership to transform our future.

# DRAMA KIDS THEATRE PROGRAMS

## Lower Primary Classes - GR. K-3

(#10575) Fridays (12 wks) Time: 5-6 p.m. \$185  
Dates: 9/13/19 - 12/20/19  
(no class 10/18, 11/29)

Location: Arrowhead School Gym - Stage Side  
Instructor: Drama Kids Staff

Ages 5-8 - The Lower Primary class develops speaking skills, social skills and self-confidence in children ages 5-8. This program fosters the process of 'creative play' in which the kids are encouraged to engage in the creative process and spark their imagination. Children learn to speak up clearly with confidence, and use their creativity in a fast-paced and FUN environment.

## Upper Primary Classes - GR. 4-7

(#10576) Fridays (12 wks) Time: 6-7 p.m. \$185  
Dates: 9/13/19 - 12/20/19 (no class 10/18, 11/29)  
Location: Arrowhead School Gym - Stage Side  
Instructor: Drama Kids Staff

Ages 9-12 - Drama Kids Upper Primary program continues to develop speaking skills, social skills and self-confidence in kids. Our students participate in a variety of scripted and improvisational scenes, as well as theater games designed to nurture skills in character development, spontaneity, giving and taking focus, and team work. Whether they are destined for Broadway or the boardroom, this program can help put children on a path for lifelong success.

## Lifeguards Wanted

Methacton Community Education is looking for Red Cross Certified Lifeguards to work at evening and weekend aquatic events. Interested candidates should call the Methacton Community Education office at 610-489-5000, ext. 15007 or email Kathy Kifer at [kkifer@methacton.org](mailto:kkifer@methacton.org).

## Methacton Core Values

- M otivate to succeed
- E mpower all learners
- T rust in teamwork
- H onor our heritage
- A ppreciate our diversity
- C ommit to growth
- T ransform our future
- O pen new opportunities
- N uture our talents

# Methacton Aquatics Programs

## #10707 - "2nd Friday Swims!"

Dates: Second Friday\* of every month: Sept. 13, Oct. 18, Nov. 8, December 13  
 Time: 7:30-9:30 p.m. Location: Methacton High School Pool

Cost: Single: \$40; Double: \$70; Family (3-4 ppl): \$85; Family (5-6 ppl): \$100. Nightly Walk-ins: \$8/per person. Join us on the second Friday\* of the month to splash the night away with family and friends! Flotation devices welcome - all you need is your goggles, towel, and swim suit! Celebrating a birthday? Bring the gang for some fun in the pool! We provide the lifeguards and the fun! (Koala changing tables are available in our locker rooms.) POOL RULES & REGULATIONS: Proper bathing suit is required \* All swimmers encouraged to shower before entering the pool \* Children who are not toilet trained must wear tight fitting plastic pants over their diapers or special disposable swim diapers when in the pool \* Food and beverages not Permitted in pool area \* Children under 12 are required to be supervised by a parent/adult at all times. (*\*Dates may be revised depending on holidays, school events, and inclement weather. Please check Community Education website for changes.*)

### Little Warrior Swim Lessons: Level 1 through 4 (ages 5 & up)

MHS POOL - Saturdays (8 wks) 9/21/19 - 11/13/19 (no class 10/5)

Cost: 1 child: \$75 - 2nd child: \$70 - 3rd child: \$65

**\*\*\*Mandatory Swim Placement Test Date: Friday, Sept. 13, 2019 from 6-7:30 p.m\*\*\***

#10615A - Class time: 11:00 - 11:30 p.m.

#10615B - Class time: 11:35 - 12:05 p.m.

Training in Red Cross Basic Swimming under Red Cross Water Safety Instructor's supervision. All students receive a progress report at the conclusion of each session. 15 students per level class limit. Registrations must be made in person the night of swim placement test. No online registration available. **In person registration and mandatory swim placement testing at Methacton High School pool is required for children enrolling in Levels 1-4 swim Lessons. Swim Placement Test Date: 9/13/19 - 6-7:30 p.m.**

### Thursday Night Little Warrior Swim Lessons - Level 1-4 (ages 5 and up)

#10616A: 6:00-6:30 p.m. OR #10616B 6:35-7:05 p.m. Thursdays, (8 wks) 9/19/19 - 11/14/19 (no 10/31/19)

Can't make it to Saturday swim lessons? We are offering the same program on Thursday nights! Please see program description above. Swim Placement Test on 9/13/19.

### Masters/Community Lap Swim

#10709 - Sunday (8 wks) Time: 9-10:15 a.m. \$82 9/22/19-11/10/19  
 Instructor: MAC

Weekly walk ins-\$12/person. Pay at pool door.

18+. Methacton Aquatics Club (MAC) is offering an all skill levels masters and community lap swim. There will be designated lanes for the more serious swimmer offering a structured workout coached by a USMS Level I and II coach. The lap swim program will be offered in the remaining lanes. This program is designated for fitness enthusiasts who want to incorporate lap swimming into their fitness program.

### Toddler Swim Lessons:

Cost: 1 child- \$75; 2nd child- \$70; 3rd child- \$65

MHS POOL - Sat., (8 wks) 9/21/19-11/13/19 (no class 10/5)

*\* Toddlers do not need to attend the Swim Placement Test \**

### Parents & Toddlers (ages 18-36 months)

#10615C-Class Time: 9:35 -10:05 a.m.

Parent must be in the water with toddler. Basic water orientation, kicking, floating, and introduction to basic swimming skills including blowing bubbles, water entry and exit will be practiced.

### Advanced Toddler (ages 3 to 5 years)

#10615D - Class time: 10:10 - 10:40 a.m.

These lessons are for children 3 to 5 years of age who are comfortable learning to swim without a parent in the pool.

### Adult Swim Lessons

#10615E Class Time: 9:00 - 9:30 a.m. \$75

Saturdays, (8 wks) 9/21/19-11/13/19 (no class 10/5)

**It's never too late to learn how to swim!** Training in Red Cross Basic Swimming under Red Cross Water Safety Instructor's supervision. All students receive a progress report at the conclusion of each session.

### Aquasize for Adults!

Mon., (8 wks) Time: 7:30-8:30 p.m. \$54

#10508 - 9/9/19 - 11/11/19 (no class 9/30)

Instructor: Aerobic Rhythmics

Aquasize is designed to increase stamina, improve strength and increase tone. You'll burn calories without taxing your joints. This class is designed for all age and fitness levels so jump in the pool and get energized!

# Laser Light Shows Return to the Mallon Planetarium!

Laser Light Shows sponsored by Community Education and Methacton Home and School.

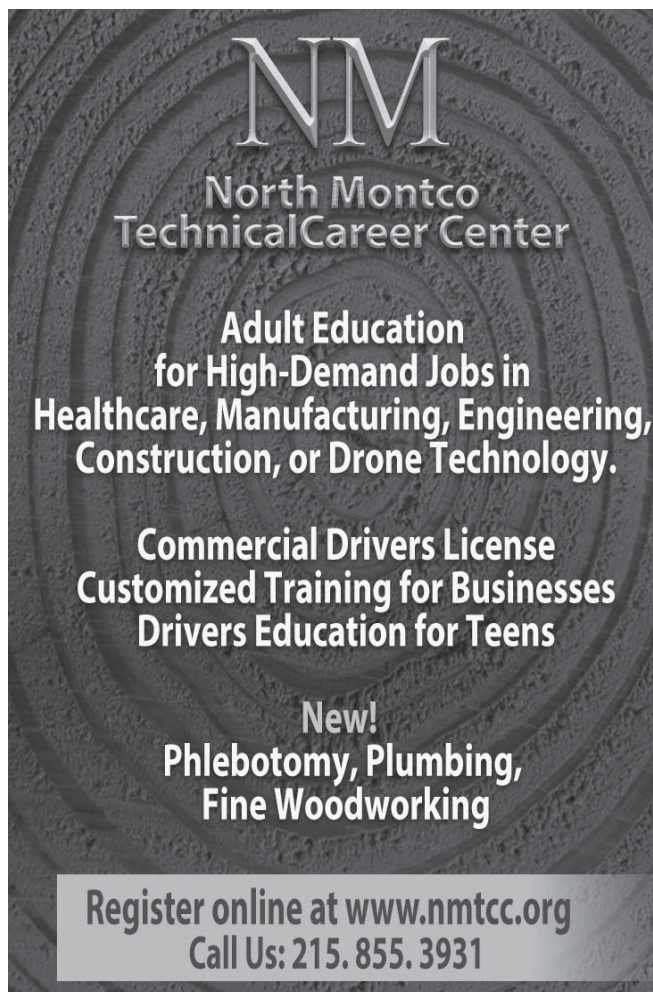
See Planetarium website for show listings at [www.methacton.org/laser](http://www.methacton.org/laser)

- \* Friday & Saturday, October 25th & 26th
- \* Wednesday, October 30th
- \* Friday & Saturday, November 1st & 2nd

**All seats/all shows - \$5.00 per person**

(additional fee if paying by credit/debit online)

To guarantee a seat at a show, please go to [www.methacton.org/laser](http://www.methacton.org/laser) to reserve seats. Unreserved seats will be sold on a first come, first serve basis at the planetarium door the night of the show. To check to see if tickets are still available, please call the Community Education office before 4pm the night of the show.



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## Upcoming Planetarium Shows!

*(See dates and times on opposite page)*

### **Apollo 11 When Man First Walked on the Moon**

On July 20th, 1969 humans made their first steps onto the Moon. This show, produced by the Jenk's Planetarium, will walk through the events leading up to that historic day and what happened once we were on the Moon. Although it is only 'one small step into understanding' the implications of this historic event, it will be 'one giant leap' for your entertainment.

### **Forward to the Moon**

After this summer's 50th anniversary of the Apollo 11 mission landing on the Moon you may be wondering; "Why haven't we gone back?" Join planetarium director Adam Chantry as he discusses how we choose to go to the moon and NASA's plans for returning. After being revived in July of 2017, the National Space Council had its first meeting in October 2017 and worked on what would become White House Space Policy Directive 1. This directive calls for "... an innovative and sustainable program of exploration with commercial and international partners to enable human expansion across the solar system and to bring back to Earth new knowledge and opportunities."

[www.methacton.org/planetix](http://www.methacton.org/planetix)



# Planetarium Shows!

The Mallon Planetarium, Arcola Intermediate School, 4001 Eagleville Road, Eagleville, PA 19403

## Celestial Highlights (Target ages 10+)

This astronomical "Tour de Force" was the leading presentation at the Hayden Planetarium for over 25 years. We will use the current constellations to find visible planets and deep space objects visible through the current season. Public star viewing afterward sky conditions/weather permitting.

## Moon Witch

This traditional style (stop animation) Planetarium classic follows Billy and Diana out on Halloween night. The moon and some of its illusions come into question as the children partake in "trick or treating" for the evening. Discussed are lunar features, how the moon appears to change phase and a myriad of information about Earth's only natural satellite. This show is seen by all of our 2nd Graders on their day-time field trips and has been entertaining Methacton Families for many years!

## Moons: World of Mystery

Moons: Worlds of Mystery immerses you in the amazing diversity of moons and tells the story of their important role in shaping our solar system. Follow in the footsteps of astronauts to our Moon, and then venture beyond to unfamiliar and exotic worlds: the outer planets and their moons. We'll return home with new-found wonder about the dynamic and intricate solar system in which we all live

## Galileo's View of the Universe

Although Galileo did not invent the telescope, he was the first to point it to the sky and make detailed observations. Galileo, along with his new tool, helped to unravel some of the fundamental understanding we have of our universe. Planetarium director Adam Chantry help to show you what Galileo saw through his telescope and how that helped him to see the universe in new ways.

## Seasons of Light Holiday Special

Did you ever wonder where certain holiday traditions come from? Why do we light up our homes? What is the significance of the Christmas tree, the holiday candle, what is a Menorah and why do we light candles night by night? Why do people kiss under the Mistletoe? Why do so many celebrations from cultures around the world take place on the shortest days of the year?

*The Mallon Planetarium is a fully modern digital planetarium, updated in 2014. Spitz Sci-Dome HD is now the centerpiece of the facility. Starry Night Software, Layered Earth, and Full dome Spitz player components were added, and the facility's Spitz ATM-4 automation system was upgraded. Existing DVD, laser disc and Spitz E-Media capabilities were integrated into the new system.*

## TICKETS:

Adults: \$8

Students/Senior Citizens: \$6

TO PURCHASE PLANETARIUM TICKETS

ONLINE, GO TO:

[WWW.METHACTON.ORG/PLANETTIX](http://WWW.METHACTON.ORG/PLANETTIX)

If tickets are not sold out, they will be available at the planetarium door the night of the show on a first-come, first serve basis. (Not eligible for GC discounts). There is no guarantee tickets will be available.

*Doors will open 15 minutes before the show. Please park behind Arcola School.*

### Friday, September 20th

6:30 p.m. - Celestial Highlights & Apollo 11 When Man First Walked on the Moon (target audience 9 & up)

8:00 p.m. - Celestial Highlights & Forward to the Moon (target audience 12 & up)

### Friday, October 18th

6:30 p.m. - Celestial Highlights & Moon Witch Halloween Show - **Come in Costume!** (target audience 5 & up)

8:00 p.m. - Celestial Highlights & Moon Witch Show - **Come in Costume!** (target audience 5 & up)

### Friday, November 15th

6:30 p.m. - Celestial Highlights & Moons: World of Mystery (target audience 5 & up)

8:00 p.m. - Celestial Highlights & Galileo's View of the Universe (target audience 5 & up)

### Thursday, December 19th

5:30 p.m. - Celestial Highlights & Seasons of Light Holiday Special (target audience 5 & up)

7:00 p.m. - Celestial Highlights & Seasons of Light Holiday Special (target audience 5 & up)

### Friday, December 20th

**\*\*\*Special Performances of Holiday Music by Arcola Music Department\*\*\***

6:30 p.m. - Celestial Highlights & Seasons of Light Holiday Special (target audience 5 & up)

8:00 p.m. - Celestial Highlights & Seasons of Light Holiday Special (target audience 5 & up)

[www.methacton.org/planettix](http://www.methacton.org/planettix)

Presentors: Adam Chantry, Planetarium Director & Ted Williams, Guest Speaker

Help the **Methacton Education Foundation** meet the needs of our students and teachers!

**\$1** per school day = **\$180** per student = just **\$15** per month

## Across Methacton Schools, Your \$180 Funds:

- Professional Development for Teachers
- Coding Ozobots for Classrooms
- Student Wellness Programs
- Library Renovation and Technology for Elementary STEM
- Music Technology Courses
- Support of Economically Disadvantaged Students
- Electric Car and Robotics Clubs
- STEM Tools for Classroom Teachers
- Instruments for Innovative Musical Programs



### MAIL YOUR GIFT OR DONATE ONLINE

[www.MethactonFoundation.org](http://www.MethactonFoundation.org)

Parent Name(s): \_\_\_\_\_

Student Name(s): \_\_\_\_\_

School(s) \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Amount: \_\_\_\_\_

Make checks payable to **Methacton Education Foundation**  
mail to **1001 Kriebel Mill Road, Eagleville, PA 19403**  
The Foundation is a 501(c)3 nonprofit organization

**Win \$1,500**  
**for YOUR School**

\$1,500 grant for school with highest % of participation. Must follow Foundation criteria/process

  
**METHACTON**  
**EDUCATION**  
FOUNDATION



# 2019 METHACTON APEX AWARDS

**OCTOBER 10, 2019**

**PRESIDENTIAL CATERING**

2910 DEKALB PIKE  
NORRISTOWN, PA 19401

**6:30PM COCKTAILS  
DINNER TO FOLLOW**

SPONSORSHIP OPPORTUNITIES  
AVAILABLE

TABLE \$650  
(INCLUDES 10 SEATS)  
INDIVIDUAL TICKETS \$75  
ALUMNI TICKETS \$65

FOR TICKETS, SPONSORSHIPS, AND  
MORE INFORMATION VISIT:  
[WWW.METHACTONFOUNDATION.ORG/APEX](http://WWW.METHACTONFOUNDATION.ORG/APEX)

**2019 HONOREES**

**ALUMNI**

CHRISTIAN JONES (2000)  
JOHN RAFFERTY (1971)

**EDUCATOR**

CINDY KOSTENBADER CASSEL  
(1984)

**COMMUNITY ADVOCATE**

JIM PHELAN AND  
MARGE MARTINEZ

**TEAM AWARD**

1964 METHACTON HIGH SCHOOL  
FOOTBALL TEAM

**BUSINESS**

J.P. MASCARO & SONS



## INCLEMENT WEATHER:

If Methacton School District schools are closed due to inclement weather, all community education classes are canceled. If schools are open, but weather conditions worsen during the day (or Saturday classes), please check the district's webpage at [www.methacton.org](http://www.methacton.org) for cancellation information. (If your class is held off-campus, please call your class instructor directly.)

## REGISTRATION INFORMATION - [WWW.METHACTON.ORG/COMED](http://WWW.METHACTON.ORG/COMED)

Easy registration process through RegWerks! For detailed information and to register for our classes, go to [www.methacton.org/comed](http://www.methacton.org/comed)!

- Registrations will be accepted in the order they are received and payment must accompany registration.
- Confirmation will be sent via email. Class reminders are not sent out. Please mark your calendars.
- Gold Cards are available to MSD residents aged 60 and older. Gold Card members receive a discount on most programs. Proof of age and residence necessary. To request a Gold Card, please send request along with proof of residency to [kkifer@methacton.org](mailto:kkifer@methacton.org) or mail to Methacton School District, 1001 Kriebel Mill Rd., Eagleville, PA 19403, Attn: Community Education. A Gold Card will then be mailed to you.
- **Class cancellations & refunds: You can cancel your registration provided we receive written notice or email at least two weeks before program start date or program deadline. (Less a \$25 processing fee.) (Not valid for bus trips.) We will not accept cancellations over the phone.**
- Classes will only be offered with sufficient enrollment. If class is cancelled, you will receive a phone call and/or email approx. 48 hours before the scheduled start date. If class is cancelled, your class fee will be refunded, however there is a non-refundable credit card processing fee of 3.617% for online payments which will be deducted from refund.
- Please note that it is not always possible to reschedule classes due to prior facility scheduling.
- Questions? Email Kathy Kifer at [kkifer@methacton.org](mailto:kkifer@methacton.org) or call 610-489-5000, ext. 15007