

Methacton

SCHOOL DISTRICT

Community Education Program Guide
Winter/Spring 2017 www.methacton.org/comed

***EARLY BIRD SPECIAL!**
Register by
December 19
and get a
5% discount!

Methacton High School Theatre Company Presents

Senior Citizens Dinner & Show

Thursday, February 23, 2017 at 4 p.m.

Methacton High School Auditorium

Cost: \$21/per person

After the show, join us for a professionally catered 3-course dinner served by some of the student actors from the night's show -

included in your ticket price! **The deadline to register is February 9, 2017. Space is limited** so please register today to avoid disappointment! You can register online at www.methacton.org/comed, or use the registration form below to sign up by mail. Please note your Gold Card Number on the form to verify age/residency. If you do not have a Gold Card, please include a copy of your driver's license and we will issue you one. (Gold Cards are issued to Methacton School District residents age 60+ upon request.) *Please note: guests who are not Gold Card holders are welcome to attend the show at the regular price of \$18.00/adult or \$15.00/student. Dinner is for Gold Card holders only.* "Rent" School Edition. Book, music, and lyrics by Jonathan Larson. School Edition specially adapted and licensed by Music Theatre International.



"RENT" SCHOOL EDITION - SENIOR CITIZEN'S DINNER & SHOW REGISTRATION FORM

Register online at www.methacton.org/comed or mail to: Methacton School District - Community Education, 1001 Kriebel Mill Road, Eagleville, PA 19403

NAME:

ADDRESS:

EMAIL:

AMOUNT ENCLOSED: \$ _____ Checks payable to "MSD"

Participants:	Gold Card #

Senior Citizens' Breakfast and Art Show Preview

Saturday, April 29, 2017 at 9 a.m.

Methacton High School Library

Cost: \$10/per person

Join us for a hot breakfast buffet followed by a private exhibition of the annual Methacton High School Art Show. The overwhelming talent of our students is on display as the Methacton High School library is transformed into an art gallery featuring works in a variety of mediums. **The deadline to register is April 21, 2017. Space is limited** so please register today to avoid disappointment! You can register online at www.methacton.org/comed, or use the registration form at right.

Register online at www.methacton.org/comed or mail to:
Methacton School District - Community Education
1001 Kriebel Mill Road, Eagleville, PA 19403
**SENIOR CITIZEN'S BREAKFAST & ART SHOW
REGISTRATION FORM**

NAME:

ADDRESS:

EMAIL:

AMOUNT ENCLOSED: \$ _____ Checks payable to "MSD"

Participants:	Gold Card #

Hatha Yoga for Adults: Intermediate Level

#4571 4-5:30 p.m. \$79 (\$75*)
Wednesdays (10 weeks) 1/18/17 - 3/29/17
 (no class 3/8)

Ages 18+. PLEASE NOTE: This class is designed for experienced yoga students. Join us for a relaxed intermediate level Hatha Yoga class. Hatha yoga is a practice in which we learn to balance and surrender in each pose, allowing our breath to guide us. Strength and flexibility are increased while the mind is encouraged to become still and present. Deb Smith is 500RYT certified. Please bring a yoga mat.

Instructor: Deborah Smith

Location: Arrowhead School Music Room

Yoga Dance: A Mindful Blend

#2958 5:35 -6:50 p.m. \$65 (\$62*)
TUESDAYS (6 weeks) 1/10/17 - 2/14/17

Age 18+. Come join us for a blend of meditative yoga movements and soulful dance segments. All are mindfully designed with the intention of connecting mind, body and spirit in a graceful and freeing manner. The class calls for a moderate level of exertion, yet yields a high level of energy in return. This is a blend of Shake your Soul and Yoga Trance Dance, both of which Deb holds certifications. No dance experience is necessary, and all fitness levels are welcome. Please wear comfortable clothing, and bring a yoga mat.

Instructor: Deborah Smith

Location: Eagleville School Gym

Yoga 101

#3970 7-8 p.m. \$75 (\$71*)
Mondays (10 weeks) 3/6/17 - 5/15/17

(no class 4/17)

#2945 7-8 p.m. \$75 (\$71*)
Thursdays (10 weeks) 3/9/17 - 5/25/17

(no class 3/23, 4/13)

Age 18+. This class is the ultimate in relaxation and is perfect for beginners, elderly, those in poor physical condition or those who are simply looking for a more relaxed and laid back form of Yoga. It is also good for those who may have been practicing yoga for some time, but do not have the flexibility to continue towards more advanced levels of yoga styles. Much attention is paid to stretching, breathing and proper alignment. This class is the absolute perfect way to end a hectic day. Participants should bring a mat.

Instructor: Wholistics

Location: Arcola School Commons Area

Zumba

#2947 7-8 p.m. \$75 (\$71*)
Tuesdays (10 weeks) 2/7/17 - 4/18/17

(no class 2/21)

#2950 7-8 p.m. \$75 (\$71*)
Thursdays (10 weeks) 2/16/17 - 4/17/17

(no class 4/13)

Ages 18+. All abilities welcome to join. Our Latin inspired program will help you burn up to 1000 calories in a 1 hour easy-to-follow dance/fitness class. It's healthy, beneficial, rewarding, and most of all FUN. (You will learn Merengue, Salsa, Cha Cha rhythms, and more.)

Instructor: Wholistics

Location: Arrowhead School Gym

The Essential Oils Craze: What is it all about?

#4658 6:30-8 p.m. \$22 (\$20*)
Wednesdays (2 weeks) 3/15/17 & 3/22/17

Everyone's talking about essential oils! What are they? Where do they come from? How do I use them? Are they safe to use? Which companies provide the best quality oils? These questions and more will be addressed during these 2 classes. The goal of the class is to educate and inform you of the oils out there and how to use them. There will be opportunities to try various samples and we will be making several take-home products. Deb Smith is a certified Medicinal Aromatherapist. PLEASE NOTE: \$25 supply fee due the first night of the class. **Instructor: Deborah Smith.** **Location: Arrowhead School Art Rm. #166**

Pilates

#3020 6:30-7:15 p.m. \$43 (\$41*)
Tuesdays (8 weeks) 1/10/17 - 3/14/17

(no class 2/21)

Age 18+. Great for any fitness level especially those just starting an exercise program or recovery from an injury. Pilates focuses on core abdominal muscles, strengthening back muscles and increasing flexibility. This class works well with the Meditation class below. Sign up for one or both! Participants should bring a mat.

Instructor: Lori Shaw

Location: Worcester School Library

Meditation

3021 7:15-8 p.m. \$43 (\$41*)
Tuesdays (8 weeks) 1/10/17 - 3/14/17

(No class 2/21)

Meditation will include breathing and relaxation techniques, visual imagery, and muscular relaxation to reduce stress. This class works well with the Pilates class above. Sign up for one or both classes! Participants should bring a mat.

Instructor: Lori Shaw

Location: Worcester School Library

Men's Basketball

#2951 7-9 p.m. \$92 (\$90*)
Thursdays (10 weeks) 1/19/17 - 3/23/17

*\$10 nightly walk in fee

Ages 18+. Two hours to play basketball! We will warm-up, shoot for teams, and scrimmage for the remainder of the time. Come with water and get ready for some exercise! Basketballs are provided.

Instructor: Rick Holly

Location: Arcola School Boys Gym

Co-Ed Adult Volleyball

#2952 7-9 p.m. \$110 (\$104*)
Wednesdays (12 weeks) 1/18/17 - 4/19/17

* \$10 nightly walk in fee

(no class 3/8, 4/12)

Ages 18+. If you are looking to meet new people, stay in shape, or just have a good time, your search ends here. Whether you are a seasoned volleyball player or just beginning, all are welcome. After a few warm up games, we will separate into two groups: one recreational and one competitive, so no matter what type of play you are looking for, you can find it here.

Instructor: Mike Donahue

Location: Arcola School Main Gym

Line Dance Mix

#4577 6:30-7:30 p.m. \$75 (\$71*)
 Wednesdays (10 weeks) 2/1/17 - 4/19/17
 (no class 3/8, 4/12)

Do you love to dance, or do you want to learn how? We have a great option for you! Line dance gives you the chance to learn and use lots of dance patterns and styles, and lets you dance them however you want! If you're a newcomer, it's a great way to ease yourself into dance. If you're experienced, you can fully indulge yourself in each dance's style. We dance to all kinds of music - country, soul, oldies, contemporary, rock n roll, etc. The variety is endless, and so is the fun!!

Instructor: Lynne Stevens

Location: Arrowhead School Gym

West Coast Swing!

#4543 7:45 - 8:45 p.m. \$87 (\$83*)
 Wednesdays, (8 weeks) 2/1/17 - 3/29/17
 (no class 3/8)

From sophisticated to playful, West Coast Swing is a wonderful dance to watch, and even more wonderful to do! It is danced to a HUGE variety of music, unlike most other dance forms, which keeps it continually interesting and new. We'll cover 6-count and 8 count basics, then we'll "play" with variations to make it lots of fun. Once you know the fundamentals of this terrific dance, you can dance it almost anywhere! Partners recommended, but not required.

Instructor: Lynne Stevens

Location: Arrowhead School Gym

Modern Western Square Dancing

#904 7-9 p.m. \$48 (\$46*)
 Mondays (9 weeks) 2/13/17 - 4/10/17

Location: Christ United Methodist Church Fellowship Hall (on Rt. 363), 1020 South Valley Forge Rd., Lansdale, PA 19446

Ages 18+. If you are looking for a fun way to exercise your body and mind, plus have fun, and make friends, Square Dancing is it! You will learn the basics of Modern Square Dancing with the help of experienced dancers. Single dancers or couples are welcome! PLEASE NOTE: This class is held off campus. See location above.

Instructor: Perky Promenaders

WALK & TALK CLUB

#1000 4-7 p.m. \$FREE
 January through May 2017

Meet new friends and chat with old friends as you walk the halls of Arcola and Skyview Campus. Come out of the cold and rain and join in a friendly walk. Please send email or written note requesting registration, along with a copy of driver's license or Gold Card #. A Walk & Talk badge will be mailed to you. Walk & Talk is available Mondays through Thursdays. It is not available on holidays, weekends, or when schools are closed. Mail to: Methacton School District, 1001 Kriebel Mill Rd. Eagleville, PA, 19403, attn: Community Education; or email kkifer@methacton.org

Fast Forward Tennis!

4 weeks 12-1:30 p.m. \$152 (\$145*)

#902B - Wed., 1/25/17-2/15/17

(Registration deadline 1/11/17)

#902C - Wed., 3/1/17-3/22/17

(Registration deadline 2/16/17)

#902D - Wed., 4/5/17-4/26/17

(Registration deadline 3/22/17)

#902E - Wed., 5/10/17-5/31/17

(Registration deadline 4/26/17)

Ages 18+. This beginner clinic is compacted into 4 short weeks so that you can fast forward through the beginning stages of tennis, and become proficient fast! We welcome any player who is interested, regardless of previous athletic experience. We will use lower compression balls in order to expedite the learning process. Players will learn basics of the game (forehand, backhand, volleys, and serves), learn the rally rules of the game, and have fun while learning a new sport. Registration deadline is 2 weeks prior to session start date. There is a play minimum for this clinic to run as scheduled.

Instructor: Frog Hollow Racquet Club

Location: Frog Hollow Club, 2115 Weber Rd. Lansdale, PA 19446

New! Adult "Aquasize" Class and Swim Lessons (see Aquatics page)

Obedience Class for Dogs

#906A Wed., 1/11/17 - 2/15/17 6:45-7:45 p.m.

#907B Sat., 1/14/17 - 2/18/17 12:30-1:30 p.m.

#907C Thurs., 3/2/17 - 4/6/17 6:45-7:45 p.m.

#907D REVISED DATE-Sat., 3/4/17-4/8/17 12:30-1:30 pm
 (each class 6 weeks) \$205 (\$200*)

Your dog will learn numerous on-leash exercises on command, including: sit, lie down, stay, stand, heel, come-when-called and how to remain in control when approached and touched by a stranger. The come-when-called command is also taught off-leash. Instruction methods stress motivation and de-emphasize correction or punishment. John Bickel, CKO, a graduate of Jack & Wendy Volhard's Top Dog Training Camp, and Cornell University's Solving Canine Behavior Problems seminar, coordinates all of Molly's trainers.

Location: Molly's Country Kennels,

2205 Wentz Church Rd., Lansdale, PA 19446

**5% discount if you register by December 19!*

Retirement Planning Today

#4582 7-9:30 p.m. \$50 (\$47*)
Thursdays (2 weeks) 3/9/17 & 3/16/17
 How much money do you need to retire? Learn how to improve retirement income; convert IRAs to tax free income; proper distribution planning; improve standard of living; understand risk before and during retirement; asset allocation; taxes and estate planning. CLASS FEE INCLUDES \$24.00 WORKBOOK, which you will receive the first night of class. BRING GUEST FOR FREE!
Instructor: Mark Gerdemann
Location: Arcola School Library

Securing Social Security

6:30-8 p.m. \$28 (\$26*)
 #4544A **Thursday, (1 night) 4/6/17**
 #4544B **Tuesday, (1 night) 4/18/17**
 This presentation will educate you on the many decisions involved in claiming Social Security as well as their consequences, and provide strategies to maximize your benefits. Topics include: How to choose between the hundreds of filing options • How being married, divorced, or widowed impacts your benefits • How benefits for one spouse are affected based on how and when the other spouse files. BRING GUEST FOR FREE!
Instructor: Jason Bishop
Location: Arcola School Library

Complete Financial Management

#4546 6:30-9:00 p.m. \$28 (\$26*)
Thursdays (3 weeks) 5/18/17 - 6/1/17
 In this information-packed seminar, learn how to get the most from your investments, Social Security, retirement plans and more. During the class, you will assess your own financial situation and, regardless of when you plan to retire, learn practical strategies for retirement planning. Topics include: 6 keys to financial success, risk management, cash management, investment concepts, tax management, retirement planning, estate conservation. BRING GUEST FOR FREE!
Instructor: Edmund Dracup
Location: Arcola School Library

Estate Planning & Trusts

6:30-8:30 p.m. \$28 (\$26*)
 #4545A **Thursday (1 night) 4/27/17**
 #4545B **Tuesday (1 night) 5/16/17**
 Estate planning can be a daunting task filled with acronyms like CRUT, GRAT, ILIT, and other terms that may sound like a foreign language. This guide will help you decipher some of those "foreign" terms. Estate planning is one of the most important things you can do for yourself and your family. In this class you will learn about: Estate planning; why a simple will may not be enough, various types of trusts, marital deductions, special needs trusts, power of attorney, living will, guardianship. BRING GUEST FOR FREE.
Instructor: Edmund Dracup
Location: Arcola School Library

Getting Paid to Talk - Intro to Voice Over

#4500 6:30-9 p.m. \$20 (\$19*)
Wednesday (1 night) 3/15/17
 Ever been told you have a great voice? From audio books and cartoons to documentaries, commercials, and more, this class will introduce you to the growing field of voice over. Learn what the pros look for, how to prepare, and where to find work in your area! We'll discuss industry pros and cons and play samples from working voice professionals. In addition, you'll have an opportunity to record a short professional script under the direction of our teacher. This class is lots of fun, realistic, and a great first step for anyone interested in the voice over field. For more info please visit: <http://www.voice-coaches.com/gptt>.
Instructor: Creative Voice Development Group
Location: Arcola School Library

Home Selling Workshop

6:30-8:30 p.m. \$28 (\$26*)
 #4609A **Thursday (1 night) 1/19/17**
 #4609B **Thursday (1 night) 2/16/17**
 #3894C **Tuesday (1 night) 4/25/17**
 Learn the steps to prepare your home for a quick sale; staging techniques, pricing strategies, what to expect when you receive an offer, contracts and PA law, and the best ways to negotiate the highest sales price from your buyer. BRING A GUEST FOR FREE!
Instructor: Maureen Mahoney
Location: Arcola School Library

iPhones & iPads for Beginners

6:00-8:00 p.m. \$16 (\$15*)
 #4511A (1 night) **Tues., 1/10/17**
 #4511B (1 night) **Wed., 2/8/17**
 #4511C (1 night) **Tues., 3/7/17**
 #4511D (1 night) **Wed., 4/5/17**
 #4511E (1 night) **Tues., 5/9/17**
 This class will teach students how to use the most common and basic functions on your iPhone and/or iPad. This class will teach the following functions: calling (phone call settings), text messaging, touch screen navigation, display settings, Siri (voice activated/hands-free personal assistant), standard installed apps (contacts, FaceTime, Safari, camera, calendar, maps, weather.). Time for Q&A and handouts provided.
Instructor: Joanne Hyndman, Silver Smartphone Coaching. **Location: Arcola Intermediate School Library**

*SmartPhones and Tablets for Beginners

6:00-8:00 p.m. \$16 (\$15*)
 #4512A (1 night) **Tues., 1/24/17**
 #4512B (1 night) **Wed., 2/22/17**
 #4512C (1 night) **Tues., 3/21/17**
 #4512D (1 night) **Wed., 4/26/17**
 #4512E (1 night) **Tues., 5/23/17**
 Learn how to use the most common and basic functions on your Android SmartPhone and/or tablet (*Samsung, LG, Sony, Haier, Nexus, Pantech and others). Learn calling (phone call settings), texting (text messaging), touch screen navigation, display settings, GoogleNow (voice activated/hands-free personal assistant), and standard installed apps (Contacts, Skype, Google, camera, maps, weather). Time for Q&A, and handouts provided.
Instructor: Joanne Hyndman, Silver Smartphone Coaching. **Location: Arcola School Library**

Intro to Computer Basics

#4592 6-8 p.m. \$45 (\$43*)

Mondays (2 weeks) 1/23/17 & 1/30/17

Do you want to learn how to use a computer, but don't know where to start? This class is for you! Learn computer terminology, how to use a mouse and keyboard, copy-and-paste, open programs, and how to multi-task. No prior computer knowledge is required. This class uses Windows 10 operating system, but many of the skills covered in class can be applied to Mac computers as well. This class does NOT cover tablets or smart phones.

Instructor: Michael Angstadt

Location: Methacton High School Room C168

Intro to Microsoft Word

#4593 6-8 p.m. \$57 (\$54*)

Mondays (3 weeks) 2/6/17 - 2/27/17 (no class 2/20)

Learn how to use the Microsoft Word 2016 word processing application to write letters, create flyers, and more.

Topics covered include spell check, headers/footers, tables, file types, and image manipulation.

PLEASE NOTE: Basic desktop computer proficiency is required, including how to use the mouse. Students must bring a flash drive to each class to save their work.

Instructor: Michael Angstadt

Location: Methacton High School Room #C168

Intro to Microsoft Excel

#4594 6-8 p.m. \$57 (\$54*)

Mondays (3 weeks) 3/27/17 - 4/10/17

Learn how to create spreadsheets, charts, and data tables with the industry's leading spreadsheet program, Microsoft Excel 2016. Master the the basics of sorting, formulas, cell referencing, conditional formatting, and more. Topics are introduced by walking the student through the creation of monthly budget spreadsheet.

PLEASE NOTE: Basic desktop computer proficiency is required including how to use the mouse. Students must bring a flash drive to each class to save their work.

Instructor: Michael Angstadt

Location: Methacton High School Room #C168

Intro to Microsoft PowerPoint

#4596 6-8 p.m. \$57 (\$54*)

Mondays (3 weeks) 3/6/17 - 3/20/17

Learn how to create slide show presentations for large or small audiences using Microsoft Power Point 2016. Find out how to add flair to your presentations with themes, graphics and animations. Discover the dos and don'ts for making a slide show engaging and entertaining. PLEASE NOTE: Basic computer proficiency is requiring including how to use the mouse. Students must bring a flash drive to each class to save their work.

Instructor: Michael Angstadt

Location: Methacton High School Room #C168

Drawing and/or Acrylic Painting

#4516 4-6 p.m. \$92 (\$88*)

Tuesdays (10 weeks) 2/28/17 - 5/2/17

Ages 11 to Adult. You can't decide if you want to take a drawing class or a painting class? This class is designed for both painters and drawers to work separately in the same environment. People who paint use their own different and individual subjects that they choose. People who draw are given specific subject matter each week. In both cases all the elements of drawing and painting will be employed. Painters will need acrylics in at least the primary colors, a large tube of white, and a variety of paint brushes and heavy paper or canvas board. Drawers need a drawing tablet and a variety of pencils. Specifics will be discussed in the first class. The class is set up for adults but any serious minded young person who is at least age 11 through the teens, is most welcome. All will be expected to be self motivated.

Instructor: Beverly Blahut

Location: Arrowhead School Art Room

Oil Painting

#4557 7-9 p.m. \$92 (\$88*)

Mondays (10 weeks) 3/6/17 - 5/15/17

(No class 4/17)

Ages 18+. Beginners welcome for an enjoyable painting experience in the technique of oil painting. Develop an understanding of the use of line, space, and mixing of colors. Supplies needed: flat metal palette knife and white oil palette pad, Winsor & Newton Artisan oil colors: veridian green, ultramarine blue, yellow ochre, white (titanium), cadmium yellow light, alizarin or cadmium red light. Oil brushes long handle: #2 oil bristol flat (9700B-2) and bristol round #4 (9700R-4). Table easel, and 11x14 canvas also required. Please bring favorite pictures to work from.

Instructor: Marilyn Schassberger

Location: Arcola School Room 147

#901 New York City in the Spring!

Saturday, May 20, 2017 \$62 (\$59*)

8 a.m. departure, return approximately 9 p.m.

Registration Deadline: 5/6/17

Departs: 8 a.m. Approx. return time: 9 p.m. Spend the day in NYC - sightseeing, shopping, visit a museum, or take in a Broadway show. The coach bus will drop you off near Times Square and you decide how to spend the day. We provide the relaxing Hagey coach bus transportation, equipped with WiFi. Bring your personal electronic devices to watch a movie or surf the web while enjoying the ride. **PLEASE NOTE! REGISTRATION DEADLINE FOR THIS TRIP IS 5/6/17.** Participants should park at Methacton High School East Wing the day of the trip.

**5% discount if you register
by December 19*

American Red Cross Babysitting

#4560 9 a.m.-3 p.m. \$77 (\$72*)
 Saturday (1 day) 1/28/17 Ages 11+

Parents are in search of trained child-care providers who are Red Cross Certified! Red Cross babysitter classes provide access to best-in-class instructors who will share the latest information on child care, offer tips, and answer all of your questions so that you're ready to begin babysitting safely. Lessons and topics covered include basic care for infants and children (feeding, diapering, toileting, dressing), basic first aid (conscious choking, bleeding emergencies, calling 911), child behavior (discipline, role model behavior, ages and stages for children), age-appropriate activities, emergency protocols (Decision making, Check/Call/Care for emergencies), professionalism (creating resumes, interviewing, follow up), leadership (role model, communicating with children, being a great example), and growing your business. In addition to the Red Cross Certification card, each participant leaves with a CD of information, samples, tips and ideas to make your babysitting a breeze! PLEASE BRING PENCIL/PEN AND YOUR LUNCH! **Instructor: Sarah Prebis**
Location: Methacton High School Library

Parents' Night Out/ Kids' Night Cooking! Grades 1-5

Time: 6-8:30 p.m. \$33/child-per night (\$31*)

Location: Arcola School Rm. 143

Instructor: Kitchen Wizards

* These classes are a great way to introduce your child to the joy of cooking (with the extra benefit of giving mom and dad an evening out!)*

#4572A Pasta Palooza!

Friday, 1/27/17 (1 night)

Children will work with Kitchen Wizards instructor to make their own meatballs, sauce, roll homemade pasta, and make a special dessert too!

#4572B Pizza and Cupcake Decorating

Friday, 2/10/17 (1 night)

Children will make individual pizzas and then learn how to make beautiful decorated cupcakes.

#4572C Kids Menu from Scratch

Friday, 4/28/17 (1 night)

Children will work with Kitchen Wizards instructor to make chicken fingers, oven-baked fries, homemade apple-sauce, and ice cream sundaes with homemade fudge sauce and whipped cream.

#4572D Cinco de Mayo

Friday, 05/05/17 (1 night)

In honor of this holiday, we'll prepare tacos, cheese nachos, and Mexican chocolate chip cookies. Children will also learn about the significance of May 5 in Mexico.

Arrowhead After-School Running Club

#4570 3:45-4:45 p.m. \$74 (\$71*)

Wed. (10 weeks) 3/22/17 - 5/31/17 (no class 4/12)

For 3rd and 4th grade students. Students are invited to come learn about the basics of running, which will include discussing different topics related to running such as hydration, proper sleep and nutrition, and running form. The students will participate in core and plyometric exercises, endurance, and speed training. The session will conclude with a scheduled race, which is voluntary.

Instructor: Jon Moul Location: Arrowhead School Gym

Saturday Tennis Breakfast Club

6 weeks 9-10:30 a.m. \$218 (\$207*)

Breakfast Fun Club (Parent & Child Class)

Ages 3-5

#909A Session 1: Sat., 1/28/17 - 3/4/17

(Registration deadline: 1/17/17)

#909B Session 2: Sat., 3/11/17 - 4/15/17

(Registration deadline: 2/25/17)

Red 1 Breakfast Club - Ages 6-8

#910A Session 1: Sat., 1/28/17 - 3/4/17

(Registration deadline: 1/17/17)

#910B Session 2: Sat., 3/11/17 - 4/15/17

(Registration deadline: 2/25/17)

Tennis has been revolutionized for kids 10 and under. Kids will learn quicker and retain more while playing on a size and age-appropriate court with equipment that fits them. Kids will serve, rally, and score faster. This translates to actually playing the game and having lots of fun. The Breakfast Club includes 1 hour of your regular clinic, plus 30 minutes of hitting with parents and students, along with coffee, bagels, and muffins each week! Students will need to provide their own tennis racquets. (Racquets are available for rent or purchase on site). All lessons will take place on inside courts. **Location: Frog Hollow Racquet Club, 2115 Weber Rd. Lansdale, PA 19446**

Drama Kids Theatre

Lower Primary Classes - Gr. K-3

#2944A 4:30-5:30 p.m. \$187 (\$178*)

Fridays (11 weeks) 1/6/17 - 3/31/17

(no class 1/13, 2/17)

Ages 5-8 - (Revised price above.) The Lower Primary class develops speaking skills, social skills, and self-confidence in children ages 5-8. This program fosters the process of 'creative play' in which the kids are encouraged to engage in the creative process and spark their imagination. Children learn to speak up clearly with confidence, and use their creativity in a fast-paced and FUN environment.

Instructor: Montgomery County Drama Kids

Location: Eagleville School Gym - Stage Side

Upper Primary Classes - Gr. 4-7

#2944B 5:30-6:30 p.m. \$187 (\$178*)

Fridays (11 weeks) 1/6/17 - 3/31/17

(no class 1/13, 2/17)

Ages 9-12 - (Revised price above.) Drama Kids Upper Primary program continues to develop speaking skills, social skills, and self-confidence in kids. Our students participate in a variety of scripted and improvisational scenes, as well as theater games designed to nurture skills in character development, spontaneity, giving and taking focus, and team work. Whether they are destined for Broadway or the boardroom, this program can help put children on a path for lifelong success.

Instructor: Montgomery County Drama Kids

Location: Eagleville School Gym - Stage Side

**5% discount if you register
 by December 19*

Science Explorers Gr. 1-4

Kitchen Chemistry

Come explore the science of kitchen chemistry as you investigate the properties of ingredients that pop, fizz, and foam. Discover the amazing transformation of cream to butter, taste the science of popping CO₂, create gooey gum drops, and freeze your own slushies. These are just a cupful of the concoctions you will be creating.

(5 weeks) 3:40-4:40 p.m. \$116 (\$111*)

- #4561 Arrowhead - Art Room
Wednesdays, 2/8/17 - 3/15/17 (no class 3/8)
- #4562 Audubon - Art Room
Tuesdays, 1/31/17 - 3/7/17 (no class 2/21)
- #4599 Eagleville - Room 203
Thursdays, 2/2/17 - 3/2/17
- #4563 Woodland - Art Room
Wednesdays, 2/8/17 - 3/15/17 (no class 3/8)
- #4564 Worcester - Art Room
Mondays, 2/6/17 - 3/13/17 (no class 2/20)

3-2-1 Blast Off

Blast off to an out of this world adventure! The stars never seemed as close, as you step into an investigation of space and the final frontier. Launch film canister rockets, construct a telescope and take on an astronaut challenge. Exciting adventures await as you soar towards fun!

(5 weeks) 3:40-4:40 p.m. \$116 (\$111*)

- #4565 Arrowhead - Art Room
Wednesdays, 3/22/17 - 4/26/17 (no class 4/12)
- #4566 Audubon - Art Room
Tuesdays, 3/21/17 - 4/18/17
- #4568 Eagleville - Room 203
Thursdays, 3/23/17 - 4/27/17
- #4567 Woodland - Art Room
Wednesdays 3/22/17 - 4/26/17 (no class 4/12)
- #4569 Worcester - Art Room
Mondays, 3/20/17 - 4/24/17 (no class 4/17)

Power Juniors! Volleyball for Gr. 5-6

3:20-4:20pm \$76 (\$73*)

#2954 Winter session: Mon., (8 weeks) 1/23/17 - 3/20/17 (no class 2/20)

This group is a fun introduction to volleyball that will teach young athletes the fundamentals for passing, setting, hitting, and serving. If you have little to no experience in volleyball this is the group for you! The 8-week program will prepare volleyball players with the skills needed to play a competitive volleyball match. Each skill session is planned and run by Villanova Assistant Coach Amy Pauly. The program is overseen and run by East Coast Power Assistant Director Amy Wengrenovich. Please email any questions to her at amy.ecpvolleyball@gmail.com.

Instructor: Amy Pauly/Amy Wengrenovich

Location: Skyview School Gym

Shining Knights Chess

Grades 1 - 6. From basics to advanced strategies, this program provides chess instruction for all skill levels. Beginners to experienced players will continue to build their skills. Each class includes a lesson with an opportunity to be paired with an opponent and hone one's skills. All equipment is provided.

(10 weeks) 3:40-4:40 p.m. \$168 (\$160*)

#4529 Arrowhead School Library
Tuesdays, 1/24/17 - 4/4/2017 (no class 2/21)

#4530 Audubon School Library
Mondays, 1/23/17 - 4/3/17 (no class 2/20)

#4536 Eagleville School Library
Wed., 1/25/17 - 4/5/17 (no class 3/8)

#4539 Worcester School Library
Thursdays, 2/2/17 - 4/6/17

#4534A Skyview School Library. *Time: 3:20-4:20 p.m.*
Thursdays, 1/26/17 - 3/30/17

Video Game Maker I

#4618 3:20-5:20 p.m. \$120 (\$114*)

Mondays, (4 weeks) 2/6/17 - 3/6/17 (no class 2/20)

Grades 5&6 - This class will teach students how to design and modify their own arcade style video games. They'll learn how to control characters, objects, and outcomes in their game, then increase the difficulty level and add more features. They will also learn how to design their own version of Pac Man and several other games. Students will participate in this class at school using the computer lab. PLEASE NOTE: Students should bring a flash drive to save their work.

Instructor: BanBao USA/Ilene Rutter.
Location: Skyview School Room S105

Video Game Maker Invaders!

#4620 3:20-5:20 p.m. \$120 (\$114*)

Mondays (4 weeks) 3/20/17 - 4/10/17

Grades 5&6 - Learn how to design and modify your own exciting arcade-style games. Control characters and outcomes, then increase the difficulty level and add more features. Topics covered include graphic design and animation, sprites, objects, room creation, instances, bonus levels, and more. You'll create games including soccer, a Breakout-style game, and Alien Invader (plus a secret game at the end of the class!) This class is great for students who have already completed Video Game Maker I. PLEASE NOTE: Students should bring a flash drive to save their work.

Instructor: BanBao USA/Ilene Rutter.
Location: Skyview School Room S105

Mine & Craft with Bricks4kids

#4559 3:40-4:40 p.m. \$99 (\$95*)

Wed., (6 weeks) 3/15/17 - 4/26/17 (no class 4/12)

Registration deadline 3/1/17

The Science & Engineering of Mining and Crafting. Experience world-building the Bricks 4 Kidz way! We'll explore the Science & Engineering behind MineCraft with LEGO® bricks! From Mining to Animals and Ores to Farming, each class will feature a different science or engineering lesson followed by a mechanized or motorized Technic model of the day — moving and grooving parts. Are you ready to mine and craft the Bricks 4 Kidz way?

Location: Audubon School Library

Methacton Aquatics Programs

Pool rules & regulations:

- Proper bathing suit is required.
- All swimmers encouraged to shower before entering the pool.
- Children who are not toilet trained must wear tight fitting plastic pants or special disposable swim diapers when in the pool.
- Food and beverages not permitted in pool area.

Little Warrior Swim Lessons: Level 1 through 4 (ages 5 & up)

MHS POOL - Saturdays (8 weeks) 3/18/17 - 5/20/17
(no swim on 4/15, 4/22)

***Mandatory Swim Placement Test Date:

Friday, March 10, 2017 from 6-7:30 p.m*** (revised date!)

- #1002 Class time: 11-11:30 a.m.
#1003 Class time: 11:40-12:10 p.m.
#1004 Class time: 12:20-12:50 p.m.

Cost: 1 child: \$70 - 2nd child: \$65 - 3rd child: \$60

Training in Red Cross Basic Swimming under Red Cross Water Safety Instructor's supervision. All students receive a progress report at the conclusion of each session. 15 students per level class limit. Registrations must be made in person the night of swim placement test. No online registration available. **In person registration and mandatory swim placement testing at Methacton High School pool is required for children enrolling in Levels 1-4 swim Lessons. Swim Placement Test Date: 3/10/17 - 6-7:30 p.m. (revised date!)**

Thursday Night Little Warrior Swim

#4496 6-6:30 p.m.

Thursdays, (8 weeks) 3/16/17 - 5/11/17

Can't make it to Saturday swim lessons? We are offering the same program on Thursday nights! Please see

#1001 Friday Night Recreational Swim

Dates: (10 weeks) 2/10/17 - 5/19/17 (no swim on 2/17, 3/17, 4/14, and 4/21)

Time: 7:30-9:30 p.m.

Location: Methacton High School Pool

Cost: Single: \$45 Family (2 to 4 people): \$80
Family (5+): \$90 Walk-ins: \$8

Splash the night away with family and friends! Floatation devices welcome - all you need is your goggles, towel, swim suit! We provide the lifeguards and the fun! (Koala changing tables are available in our locker rooms. Please note pool rules and regulations above.)

Toddler Swim Lessons:

MHS POOL - Saturdays (8 weeks) 3/18/17 - 5/20/17
(no swim on 4/15, 4/22)

Cost: 1 child: \$70 - 2nd child: \$65 - 3rd child: \$60

Children enrolled in Toddler Swim Lessons do not participate in the Mandatory Swim Placement Test

#1005 Parent & Tots (ages 3-18 months)
9-9:30 a.m.

Parent must be in the water with toddler. Toddlers will learn to become water friendly with adult reassurance. Basic water orientation, kicking, floating, and introduction to basic swimming skills.

#1006 Parents & Toddlers (ages 18-36 months)
9:30-10 a.m.

Parent must be in the water with toddler. Basic water orientation, kicking, floating, and introduction to basic swimming skills including blowing bubbles, water entry and exit will be practiced.

Advanced Toddler (ages 3 to 5 years)

#1007A Class time: 10-10:30 a.m.

#1007B Class time: 10:30-11a.m.

These lessons are for children 3 to 5 years of age who are comfortable learning to swim without a parent in the pool.

Adult Swim Lessons

#4496 6:45-7:15pm \$70 (\$67*)

Thursdays, (8 weeks) 3/16/17 - 5/11/17

It's never too late to learn how to swim! Training in Red Cross Basic Swimming under Red Cross Water Safety Instructor's supervision. All students receive a progress report at the conclusion of each session.

Aquasize for Adults!

#4588 7-8 p.m. \$57 (\$54*)

Mondays, (8 weeks) 3/6/17 - 5/1/17

(no class on 4/17)

Aquasize is designed to increase stamina, improve strength and increase tone. You'll burn calories without taxing your joints. This class is designed for all age and fitness levels so jump in the pool and get energized! Location: MHS Pool

Instructor: Aerobic Rhythmic

Beginning Crochet for Left Handed People

#4584 6:30-8:30 p.m. \$74 (\$70*)
 Tuesdays, (4 weeks) 3/7/17 - 3/28/17

Left handed people are invited to learn about the wonderful world of crochet! Learn about yarn, hooks and other tools, and start with the most basic crochet stitches: the chain stitch, single and double crochet. We will crochet a beautiful scarf and a cozy lap blanket and learn to read the crochet pattern.

Supplies needed:

2 crochet hooks - size H8/5mm and size L/8mm Yarns:

* Size 6 super bulky (recommended Bernat Blanket) (10.50oz/300g) - 4 balls

* Size 4 worsted weight (recommend Red Heart or Valla's Choice)- 2 balls

Yarn needle

Scissors

(Stitch markers are helpful but not required.)

Instructor: Melissa Krauss

Location: Skyview School Library

Mother's Day Cupcake Decorating

#4574 6:30 - 8:30 p.m. \$35 person or \$40/pair

Friday, (1 night) 5/12/17

Spend some quality time with your mom, make some fun memories with your child, or just have a fun night out with the girls! Learn the skills to decorate your own cupcakes with buttercream frosting. Learn how to tint frosting, fill bags, and use several popular icing tips. Make your own masterpieces! (The cost of supplies is included in the class fee.)

Instructor: Kitchen Wizards

Location: Methacton High School West Wing Rm. B103

Evening Supper Club for Adults

#4575 correct date: MONDAY, (1 night) 2/13/17

6-8 p.m.

\$40 per person (\$37*)

Do something different for Valentine's Day this year! Bring your beverage of choice (non-alcoholic please), your date or BFF, and join Kitchen Wizards in creating a delicious dinner. Your meal will feature chicken Francaise, lemon risotto, roasted asparagus, and chocolate molten lava cakes. It's sure to be a great meal and a fun time! (The cost of supplies is included in the class fee.)

Instructor: Kitchen Wizards

Location: Methacton High School West Wing Rm. B103

Life is a Box of Chocolates!

* Three great classes for candy making! *

Individual class fee: \$37/pp, OR register for all three and pay \$100.00 (\$11.00 savings)

Class times: 6-8pm. **Location:** Methacton High School West Wing Rm. B103

#4576A - Class 1: Thursday, (1 night) March 2.

We will make some wonderful chocolate candies that require lots of delicious ingredients: Chocolate pretzels, chocolate Oreos, peppermint patties, and buckeyes (peanut butter balls). Participants will go home with lots of samples for the family or office.

#3576B - Class 2: Thursday, (1 night) March 9.

If you've always feared using a candy thermometer, join Kitchen Wizards for this program. Learn to make homemade toffee (like a Heath bar), peanut brittle, and our easy "Kitchen Sink" bark.

#3576C - Class 3: Thursday, (1 night) March 16.

Now that you have mastered using a candy thermometer, we'll prepare homemade caramel, which we'll make into turtles and salted caramels. Delish!

#3576D - Classes 1, 2 and 3 (listed above) discounted price!

Instructor: Kitchen Wizards

INCLEMENT WEATHER:

If Methacton School District schools are closed due to inclement weather, all community education classes are canceled. If schools are open, but weather conditions worsen during the day (or Saturday classes), please call the district's "special announcements" hotline at 610-831-5331, or visit the website at www.methacton.org for cancellation information. (If your class is held off-campus, please call your class instructor directly.)

**5% discount if you register by December 19*

Programs for MSD Families



FREE - SAVE THE DATE!

Wednesday, February 15, 2017

Attention parents and guardians of children who will attend Kindergarten in the Methacton School District in September 2017. The district has scheduled a Kindergarten Readiness Night to provide you with information on our Kindergarten program.

In order to be eligible to attend kindergarten, resident children must be five years of age on or before September 1, 2017.

TIME: 7:00 p.m.

LOCATION: MHS LGI

Please check the Methacton School District website in January for more information and to register for this event. Questions? Please call the Office of Curriculum, Instruction, and Assessment at 610-489-5000, ext. 15013.

Little-Known Secrets of Paying for College

#4501A Tuesday, (1 night) 2/14/17

#4501B REVISED! Thursday, 4/20/17

Times: 7-9 p.m.

\$43/family

For many families, the high cost of higher education is a daunting proposition. Parents lie awake at night trying to figure out how to afford sending 1, 2, 3 or more children to college, and still have enough of their hard-earned money to be able to retire. Some families have children attending college next year, and others have 12 years to plan, but the fears of tackling these monumental and rising costs are the same. The College Funding Coach® is here to help families figure out how to pay for it. BRING GUEST FOR FREE!

Instructor: Vincente DiPietro. Location: MHS School Library

Campus Visits and Other Ways to Show a College You Really Like Them!

#4508A 7-8:15 p.m.

\$43/family

Thursday (1 night) 3/30/17

Many colleges rate applicants for the ways they show a college their interest and understanding. Colleges continue to receive more and more applications each year for a fixed number of spaces. From using social media to visiting campus, learn what college-bound students need to do to stand out from the rest of the applicant pile.

Instructor: Joanne LaSpina, My College Helper

Location: Arcola School Library

Writing a Winning College Admission Essay

#4508B 7-8:15 p.m.

\$43/family

Monday (1 night) 5/1/17

College admission essays need to show a college who you are. Many students get caught up in trying to find the 'perfect topic' when the topic is YOU. During this workshop we'll talk about how to go from a blank screen to a great admission essay. We will also discuss the steps of brain-storming, creating a writing plan and the importance of multiple revisions and proofreading. Students will leave this workshop prepared to begin writing scholarship and college admission essays.

Instructor: Joanne LaSpina, My College Helper

Location: Arcola School Library

Methacton School District Community Education Class Locations

Methacton High School
1005 Kriebel Mill Rd., Eagleville PA 19403
* Pool located in the East Wing

Arcola Intermediate School
4001-A Eagleville Rd., Eagleville, PA 19403
* Planetarium located in the back of the school

Skyview Upper Elementary School
4001-B Eagleville Rd., Eagleville PA 19403

Arrowhead Elementary School
232 Level Rd., Collegetown PA 19426

Audubon Elementary School
2765 Egypt Rd., Eagleville, PA 19403

Eagleville Elementary School
125 Summit Ave., Eagleville, PA 19403

Woodland Elementary School
2700 Woodland Ave., Eagleville, PA 19403

Worcester Elementary School
3017 Skippack Pike, Lansdale PA 19446

Molly's Country Kennels
2205 Wentz Church Rd., Lansdale PA 19446

Frog Hollow Racquet Club
2115 Weber Rd., Lansdale PA 19446

Planetarium Shows!

Drinking Gourd

(Target audience ages 10 and up)

In recognition of Black History Month, we follow a slave family in their journey to freedom. Slave children practiced a secret song that included directions for the Underground Railroad. Journey with us as we follow their trail to the Drinking Gourd. Included with this presentation is a night sky orientation of northern circumpolar stars.

Celestial Highlights

(Target audience ages 10 and up)

This astronomical "Tour de Force" was the leading presentation at the Hayden Planetarium in New York's American Museum of Natural History for over 25 years. We will use the current constellations to find visible planets and deep space objects visible through the current season. Public star viewing afterward sky conditions/weather permitting.

Molecularium

(Target audience ages 5 and up)

A planetarium full-dome digital presentation targeted for younger audiences and families. The Molecularium is an amazing ship that can speed up or slow down time, as well as change sizes to observe the universe at the atomic level. Join Oxy, Hydro, and Hydra for this animated adventure through time and space.

Two Small Pieces of Glass

(Target audience ages 10 and up)

Two Small Pieces of Glass traces the history of the telescope from Galileo's modifications to a child's spyglass—using two small pieces of glass—to the launch of NASA's Hubble Space Telescope and the future of astronomy. It explores the wonder and discovery made by astronomers throughout the last 400 years. While looking through the astronomer's telescope, the students, along with the planetarium audience, explore the Galilean Moons, Saturn's rings, and spiral structure of galaxies.

Little Star that Could

(Target audience ages 5 and up)

Follow Little Star, an average star in search of a planet of his own to protect and warm. Along the way, he meets other stars, learns what makes each star special, and discovers that stars combine to form star clusters and galaxies.

Dynamic Earth

(Target audience ages 10 and up)

An award winning Planetarium full dome digital presentation that is targeted for ages 11 and up. Dynamic Earth explores the inner workings of Earth's climate system. This cutting edge production follows a trail of energy that flows from the sun to the interlocking systems that shape our climate, the atmosphere, oceans and the biosphere. Audiences will ride along on swirling ocean and wind currents, dive into the heart of a monster hurricane and fly into broiling volcanoes.

The Mallon Planetarium
Arcola Intermediate School
4001 Eagleville Road
Eagleville, PA 19403

TO PURCHASE PLANETARIUM TICKETS
ONLINE, GO TO:
WWW.METHACTON.ORG/PLANETTIX

TICKETS: Adults: \$11

Students/Senior Citizens: \$8

Tickets are also available at the planetarium door the night of the show on a first-come, first-served basis.

(NOT ELIGIBLE FOR DISCOUNTS)

Doors will open 15 minutes before the show. Please park behind Arcola School.

Friday, February 24, 2017

6:30-7:30 p.m. - Drinking Gourd (Target audience ages 10 and up)

7:45-9 p.m. - Drinking Gourd (Target audience ages 10 and up)

Friday, March 17, 2017

6:30-7:30 p.m. - Celestial Highlights & Molecularium (Target audience ages 5 and up)

7:45-9 p.m. - Celestial Highlights & Two Small Pieces of Glass (Target audience ages 10 and up)

Friday, April 21, 2017

6:30-7:30 p.m. - Celestial Highlights & Two Small Pieces of Glass (Target audience ages 10 and up)

7:45-9:00 p.m. - Celestial Highlights & Guest Speaker (TBD) (Target audience ages 10 and up)

Friday, May 19, 2017

6:30-7:30 p.m. - Little Star that Could (Target Audience ages 5 and up)

7:45-9:00 p.m. - Celestial Highlights & Two Small Pieces of Glass (Target Audience ages 10 and up)

Friday, June 9, 2017

6:30-7:30 p.m. - Celestial Highlights & Dynamic Earth (Target Audience ages 10 and up)

7:45-9:00 p.m. - Celestial Highlights & Guest Speaker (TBD) (Target Audience ages 10 and up)

The Mallon Planetarium is a fully modern digital planetarium, updated in 2014. Spitz Sci-Dome HD is now the centerpiece of the facility. Starry Night Software, Layered Earth, and Full Dome Spitz player components were added, and the facility's Spitz ATM-4 automation system was upgraded. Existing DVD, laser disc and Spitz E-Media capabilities were integrated into the new system.

Instructors: Ted Williams and Adam Chantry

Methacton SCHOOL DISTRICT

Community Education Program Guide

Winter/Spring 2017 www.methacton.org/comed

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The Methacton School District Board of School Directors is committed to the use of school facilities by the community it serves. The Methacton School District Community Education Program is one way that we strive to accomplish that goal. The program is designed to offer a host of cost effective, interesting enrichment programs for individuals of all ages, while fostering a love of life-long learning. The program is, whenever possible, self-supported. If you have any questions about the program, have an idea for a class, or would like to become an instructor, please contact the Community Education office at 610-489-5000, ext. 15007.

INCLEMENT WEATHER:

If Methacton School District schools are closed due to inclement weather, all community education classes are canceled. If schools are open, but weather conditions worsen during the day (or Saturday classes), please call the district's "special announcements" hotline at 610-831-5331, or visit the website at www.methacton.org for cancellation information. (If your class is held off-campus, please call your class instructor directly.)

REGISTRATION INFORMATION - WWW.METHACTON.ORG/COMED

We are excited to announce our new easy registration process through RegWerks! For detailed information and to register for our classes, go to www.methacton.org/comed!

- Registrations will be accepted in the order they are received and payment must accompany registration.
- Confirmation will be sent via email. No confirmation will be mailed, unless a self addressed, stamped envelope is enclosed. Class reminders are not sent out. Please mark your calendars.
- Gold Cards are available to residents aged 60 and older. Proof of age and residence necessary. To request a Gold Card, please send request along proof of residency to kkifer@methacton.org or mail to Methacton School District, 1001 Kriebel Mill Rd., Eagleville, PA 19403, Attn: Community Education. Gold Card members receive a 5% discount on most programs (cannot be combined with early bird discount).
- **Hassle-free refunds! You can now cancel your class enrollment & receive a refund if you no longer can participate in a program! (Less a \$25 processing fee. Notice must be provided in writing or email and received at least two weeks before class start date. Not valid for bus trips.)**
- Classes will only be offered with sufficient enrollment. If the class is canceled, your class fee will be refunded. (There is a non-refundable credit card processing fee of 3.617% which will be deducted from refund.)
- In the event that schools are closed due to inclement weather, all evening programs are canceled. A cancellation notice will be posted on the district's website at www.methacton.org. (Please note that it is not always possible to reschedule classes due to prior facility scheduling.)
- **EARLY BIRD DISCOUNT! Register before December 19 and receive a 5% discount! (Cannot be combined with Gold Card discount.)**