

Six Degrees of Depression & Anxiety... Could You Be Connected or Affected?



Join us as a panel of experts discusses a topic that affects over 15 million Americans.

Speakers will present:

- Signs, symptoms and treatment options.
- Six triggers of depression and anxiety related to family, friends, spiritual, work, health and financial.
- A personal story of hope.

Sponsored by:  **MERCK**
Be well

 **Abington**
Jefferson Health.

Presented by: **Community Health & Youth Foundation** 

Thursday, April 6, 2017

Registration: 5:30 pm

Program: 6:00—8:00 pm

Light Refreshments Provided

Speakers

Jerry Lawson, *Right at Home*

Moderator

Virginia Afman, Clinical Director,
Penn Foundation

Moira Tumelty, Director of Access
Mobile Crisis, Access Services

Amanda Koenig
Story of Hope

Also meet representatives from local organizations with support resources.

Free Registration

www.pennsuburban.org

215-362-9200

Program Location:

Abington Jefferson Health
- Lansdale Hospital
Classrooms E & F
100 Medical Campus Dr.
Lansdale, PA 19446