FIRST AID KIT PROJECT

Description:

A basic First Aid Kit is required from all students in the First Aid and CPR course. The items that should be in the kit will be discussed in class and are also listed below to help you build your kit. Every kit should contain basic first aid treatment items. The kit should be designed with a specific purpose in mind and the extras included in your kit should meet those specific needs. Examples would be a kit for hiking, in home use, car, camping, biking, etc.

Personalizing your kit is encouraged and will boost your grade. To help defray the cost of your kit, we encourage you to use basic first aid items that you may already have in your home. You should NOT use a store bought pre-made kit because that cannot be tailored towards a specific purpose. The container to hold your kit should also fit the purpose of your kit. Example, a shoe box would be good for a home use kit, but may not be suitable for use on a camping trip (cardboard could get wet and fall apart while camping). A more suitable kit for camping would be a waterproof container such as a tackle box or plastic bin.

Your completed kit must have a table of contents and the quantity of each item contained in your kit. You will also need to include a list of emergency contact phone numbers in your kit.

The grade for your kit will be based on the following criteria:

- Presentation (neatness, organization)
- Contents
- Personalization
- Fulfills intended purpose

A “basic” kit with no extras is worth 40 points. To earn a higher grade, you will need to personalize and add extras to your kit. Maximum number of points for a kit is 50 points.

Each kit should contain the following items for a “basic” kit:

- 12 band aids
- 1 antiseptic
- 1 roller gauze
- 1 set of gloves
- 1 roll of water proof tape
- 6 sterile gauze pads
- 1 tweezers
- 1 triangular bandage
- 6 moist towelettes

Due date: ____________________